



Family Day provides high-quality early learning and care services every day



Caregivers in our **licensed home child care programs** start early so that they can help busy parents get to work on time. Caregivers follow the *I Care for Kids, I Care for Quality Home Study Guide*, that provides valuable information and resources on child development, first aid, nutrition and programming, allowing them to constantly improve the quality of their services.



At our **Ontario Early Years Centres**, skilled program facilitators engage children, parents and caregivers in a wide range of early learning activities that promote healthy child development and build parent and caregiver skills and confidence.

Any time is reading time! **Reading** and the development of **early literacy skills** are essential parts of our daily curriculum.



Infants follow their **individual sleep schedules** to ensure that families' routines are maintained. Toddlers and preschoolers have a regularly scheduled rest time after lunch to fully re-charge their batteries.



Healthy eating is essential. Respecting and accommodating special diets and food restrictions, our menus reflect children's food preferences and the centre's cultural diversity. We use Canada's Food Guide, the Day Nurseries Act and Family Day's guidelines for healthy foods that kids love.

Outdoor play is an important part of a child's learning and our kids enjoy 'the great outdoors' two hours a day. Positive experiences with recreation and sport at an early age help children become capable, caring adults who contribute more effectively to the community.



All our programs are based on developmentally appropriate practices and supported by well-researched and well-supported early learning curricula. Our approach provides children with **a solid foundation** for life-long learning.



Block party! Kids love to play with blocks and we love to see them developing problem solving skills, coordination and friendships.



We offer flexible child care options including **before and after school programs**. Our teachers encourage children to make choices that reflect their interests and passions in a participatory, active learning environment.



Going home is an important time when teachers, caregivers and parents check in with each other about their child's day.

Family Day: Helping in countless ways



Child Care / Early Learning Centres provide care for infants, toddlers and preschool children. Our staff follow the research-based HighScope approach to learning, which encourages children to be active learners, with caring adults providing physical, emotional and intellectual support. *FYI... 95% of child care centre parents surveyed would recommend their child's centre to their friends.*



Ontario Early Years Centres and **Family Resource Programs** offer free programs and resources for families with children from infancy to 6 years. Programs help young children develop social, communication and early literacy skills and help parents develop their parenting skills. *FYI... More than 150,800 unique visits were made to our five main sites and 31 satellite locations last year.*



Extended Day Programs provide before and after school experiences for children who attend Full-Day Kindergarten. Family Day partners with school boards in the Greater Toronto Area to deliver a research-based program that works well with the learning outcomes in Full-Day Kindergarten. *FYI... Family Day provides seamless before and after school care for over 400 JK/SK children in 33 schools in six school boards across the GTA.*



Summer Camp Programs offer families a unique memorable summer experience for their children ages 4 to 12, including great field trips and exciting enrichment activities in sports, art and drama. *FYI... Over 550 children attended 14 summer camps in three regions of the GTA.*



School Age Programs offer before and after school experiences for children ages 6 to 12 years where children are encouraged to play, learn and become more independent through safe and stimulating programs. *FYI... Children are supported by staff who use the HighFive 5 Principles of Healthy Child Development: a caring adult and opportunities to make friends, play, master skills and participate.*



The Toronto Integration Services Program (Special Needs Resourcing) is part of the City of Toronto's **Every Child Belongs** program. Coordinators support children with special needs in home child care and child care centres, providing consultants, training and support to staff, and work with other service providers to facilitate early identification. *FYI... 175 children and their families were supported this year. Additionally, 30 workshops were attended by over 500 attendees.*



Licensed Home Child Care offers family-style care for children from infancy to 12 years. Caregivers are carefully selected and trained to offer well-rounded programs for the children in their homes. *FYI... Over 250 home child care caregivers in three regions serve the needs of over 1,500 children and their families. To ensure the highest level of licensed home child care, 20 training sessions for caregivers were offered throughout the year.*



The Creative Zone is a partnership between the Peel District School Board, Dufferin-Peel Catholic District School Board, YMCA Greater Toronto, PLASP Child Care Services, the Region of Peel and Family Day Care Services. Teachers and child care staff can take resources from this paradise of recycled materials to use in their programs. *FYI... This year, over 4,000 education professionals gathered free materials to inspire creativity in their classrooms.*



Looking for child care close to home?

WE OFFER:

- Child Care Programs (Infants-3.8 years)
- Before and After School Programs (JK-Grade 6)
- Licensed Home Child Care (Infants-12 years)
- Summer Day Camps (JK-Grade 6)

WE'RE CLOSE BY:

- Bolton • Brampton • Caledon • East York • Markham
- Mississauga • North York (east of Leslie) • Richmond Hill
- Scarborough • Thornhill

LEARN MORE: familydaycare.com
 FOLLOW US ON TWITTER: [@familydayGTA](https://twitter.com/familydayGTA)



Child Care Programs



Before and After School Programs



Licensed Home Child Care



Summer Day Camps



FAMILY DAY

Family Day Care Services Welcome Brochure

Day in and day out,
 morning, noon (and night),
 for countless families,
Family Day is the only way!



United Way
Member Agency

Family Day, in partnership with families and communities, is committed to leadership in developing and providing exemplary quality child care and early learning services to promote healthy child development.

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