

Overview of SHSM Program Requirements

Welcome to SHSM!

Students must complete the following during Gr. 11 and Gr. 12:

- 1) Completion of a bundle of **eight to ten credits including two Co-op credits** (*see brochure on school website for examples and discuss with your Guidance Counsellor*)
- 2) Completion of **Certifications and Training** (four compulsory/three additional, elective) (*see brochure on school website for examples*)
- 3) Two **Reach Ahead** trips (i.e. a visit to a college or university) and Two **Experiential Learning** trips (i.e. a hands-on/interactive trip) (*see brochure on school website for examples*)
- 4) Completion of **CLAs** (Contextualized Learning Activities) for recommended courses (*see brochure on school website*)

Steps:

- Identify yourself as a SHSM student to your teachers, who will provide you with the CLA
- Submit your CLA to your teacher who will forward your name to the SHSM teacher upon CLA completion
- Completed CLAs are kept in your file in the Co-op office at St. FXSS

What is a CLA? *A CLA (Contextualized Learning Activity) allows students to connect their learning to the SHSM sector, as it contextualizes the curriculum expectations to the particular sector.*

Tips for Success in SHSM:

- Listen carefully to all morning announcements regarding Reach Ahead, Experiential Learning Trips and Certifications and start registering for these trips, a.s.a.p.
- Communicate regularly with your SHSM Sector Lead Teacher in Health & Wellness: Rooms 325/211, Hospitality and Tourism: Rooms 110/121; Sports: Phys. Ed. office
- Pay close attention to updates and reminders that may be sent to you electronically, i.e. via text (upon returning your parent/guardian permission form) as you will be receiving messages regarding SHSM related activities

If you have any additional questions, please do not hesitate to ask your SHSM sector teacher, anyone in the Co-op office (Room 211), or your Guidance Counsellor.

We wish you success in the SHSM program and we look forward to working with you!

The SHSM team at St. FXSS

