



## Reach Ahead & Certifications

### St. Michael - SHSM Sports Program 2014/2015

The following is a list of Reach Aheads and certifications that SHSM students will be receiving in 2014/2015:

#### 1. *Reach Aheads / Community Outreach:*

- *Gary Roberts Fitness Institute*
- *Athletic Training, Performance and Nutrition Seminar*
- *York University Visit*
- *Cedar Glen - Outdoor Education*
- *Toronto FC - Careers in Sport*
- *MLSE - Marlies*
- *Haunted Hill Run*
- *Friday Night Lights*

#### 2. **Certifications:**

- *First Aid / CPR / AED*
- *Leadership*
- *Group Dynamics*
- *Taping*
- *High 5 - Nationally recognized certification dealing with children in sport and recreation*
- *Toronto FC - Taping Clinic*

