



Father Michael Goetz Secondary School

WEEKLY NEWSLETTER

June 21st, 2021

'Take a Risk... Get Involved... Be Committed'

Volume 6, Issue 24

Superintendent: Cairine MacDonald

Trustees: Bruno Iannicca, Stefano Pascucci, Luz del Rosario

Hey Gators!

We have finally reached the end of this incredible year! While we know that through all the trials and tribulations, God has been our strength and power, we are certainly glad that the worst is behind us. This week we celebrate our Grads and wish them well as they move forward and we pray that God guides them along their path and that at some point they find their way back to Goetz so that we can say a proper farewell. Stay safe and stay strong Gators. God Bless,

Mr. Cociniglia

From our Chaplain...

Summer – a time to rest, renew and rejoice!

Dear Friends, we made it. As one community of faith we have endured one full academic covid year. We give thanks to God for always being there by our side to see us through to the end. As we prepare for the summer months, I'd like to offer you a form of prayer which I have found very helpful. It is called the Daily Examen. The Examen is a technique of prayerful reflection on the events of the day to look for God's presence and to discern God's direction for us. I invite you to try this version of St. Ignatius's prayer.

1. Become aware of God's presence. Look back on the events of the day and with the help of the Holy Spirit ask God to bring clarity and understanding.

2. Review the day with gratitude. Go over the day's events in the presence of God and note its joys and delights. Look at the people you interacted with. What did you receive from these people? What did you give them? Pay attention to small things—food you ate, sights you saw & other seemingly small pleasures. God is in the details.

3. Pay attention to your emotions. One of St. Ignatius's great insights was that we detect the presence of the Spirit of God in the movements of our emotions. Reflect on the feelings you experienced during the day. Boredom? Elation? Resentment? Compassion? Anger? Confidence? What is God saying?

4. Choose one feature of the day and pray from it. Ask the Holy Spirit to direct you to something during the day that God thinks is particularly important. It may involve a feeling—positive or negative. It may be a significant encounter with another person or a vivid moment of pleasure or peace. Or it may be something that seems rather insignificant. Look at it. Pray about it. Allow the prayer to arise spontaneously from your heart—whether intercession, praise, repentance, or gratitude.

5. Look toward tomorrow. Ask God to give you light for tomorrow's challenges. Pay attention to the feelings that surface as you survey what is coming up. Are you doubtful? Cheerful? Apprehensive? Full of delighted anticipation? Allow these feelings to turn into prayer. Seek God's guidance. Ask God for help and understanding. *Pray for hope.*

End the Daily Examen with a conversation with Jesus your friend. Ask God for what it is you are seeking from Him and don't forget to thank Him. Your life is a gift, and it is adorned with gifts from God. End the Daily Examen with the Our Father. I pray that your relationship with our loving God will continue to grow and continue to be your guide throughout the Summer.

Peace and Blessings

Deacon Frendo

| June 21 - 25 | MONDAY 21 | TUESDAY 22 | WED 23 | THURS 24 | FRIDAY 25 |
|--------------------|---|---------------------------------|---|-----------------------------------|-----------------------|
| 8:15 AM - 2:30 PM | Textbook/ Device Return | Textbook/ Device Return | Textbook/ Device Return | Graduation Ceremonies | Graduation Ceremonies |
| 8:17 AM - 10:47 AM | PERIOD 1 ABC Virtual | PERIOD 2 ABC Virtual | PERIOD 1 ABC Virtual Last Synchronous Class | PERIOD 1 ABC Virtual Asynchronous | Summer Vacation |
| 1:02 - 2:20 PM | PERIOD 2 ABC Virtual | PERIOD 1 ABC Virtual | PERIOD 2 ABC Virtual Last Synchronous Class | PERIOD 2 ABC Virtual Asynchronous | |
| | June 28 Textbook/ Device Return Virtual Grad Mass 10:30 am/ Grad Ceremony 6 pm | June 29 Textbook/ Device Return | | | |

**TEXTBOOK AND DEVICE RETURN THIS WEEK!
CHECK YOUR E-MAIL FOR INSTRUCTIONS**

Class of 2021!

Father Michael Goetz Catholic Secondary School

You're invited to a **Commencement Event**

(Each student can bring guests who shall remain in the vehicle)

A "drive-thru" commencement will occur in small groups of 10 students. 30 minute time slots are available between 8-15-am 3pm. Sign up for your chosen time.

June 24/25

Central Michael Goetz 330 Central Pkwy W. (see Graduation Google Classroom for more information)

https://fmg-grad.parentinterview.com **RSVP by June 21st**

**VIRTUAL GRAD
JUNE 28TH AT 6PM**

Join Fr. Carlos Macatangga, SVD and Deacon Frendo on **Monday, June 28, 2021**

FR. MICHAEL GOETZ

'MASS OF THANKSGIVING'

FOR GRADUATES & THEIR FAMILIES & FRIENDS

Livestreamed from the Fr. Michael Goetz Chapel

on YouTube : <https://www.youtube.com/channel/UC2iQcCO5-clSx6YDBjprPA/about> and Zoom <https://zoom.us/j/2042862971?pwd=UTkrRkQzdjVlQVYyYldGTHV3WnBhZj09>

Meeting ID: 204 286 2971 Passcode: 6t59095

10:30 a.m.

GRAD PHOTOS at GOETZ!

July 5th to 9th

Book at www.bookmygrad.ca CODE:FMG

