

When should you be concerned about your child's voice?

If your child's voice consistently sounds:

- Hoarse
- Breathy
- Nasal, sounding like they are talking through their nose or they are stuffed up (when they don't have a cold)
- Louder or softer than normal
- Excessively high or low pitched voice as compared to their peers

If your child engages in the following behaviours:

- Excessive yelling/screaming/cheering
- Excessive whispering
- Running out of breath when speaking
- Consistent clearing of their throat or coughing too much

If your child's voice problem persists, talk to your family doctor as a referral to an Ear, Nose and Throat Specialist may be necessary.