

# COVID-19

## What to do if your child is dismissed from school or child care

Coping with COVID-19 can be stressful for families. Together we can be resilient and reduce spread in households.



### The child and caregiver can self-isolate together, which means:

- As much as possible, stay separate from others, including using a separate bathroom and eating meals apart from others in the home.
- Wear a mask and stay 2 metres apart from others as much as possible.
- It is strongly recommended to follow the direction for COVID-19 testing in your letter.



### Other children in the household:

- Should stay home from school or child care until the exposed child returns to school or child care.
- Do not need to self-isolate in a separate room.
- To reduce the risk of community spread, do not see or play with friends or family who don't live with you.



### Adults in the household:

- Should work from home where possible, until the exposed child returns to school or child care.
- To reduce the chance of spread at home, choose one caregiver for the exposed child. This caregiver should also not go to work to reduce the risk of spread at work.

If anyone at home develops symptoms or tests positive for COVID-19,

everybody in the home must **SELF-ISOLATE**  and should **GET TESTED** 

Do not go to school or work to avoid the risk of spreading COVID-19.

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For more information visit [peelregion.ca/coronavirus/schools](https://peelregion.ca/coronavirus/schools)

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