

# Religious Education Resources

## Theme: Praying with the Saints

This self directed guide for students will inspire and engage students in an exploration about Catholic Saints. Using student texts and resources from the "Growing in Faith Growing in Christ Resource " students will have the opportunity to learn about the lives of Saints and be inspired by their lives and dedication to service and God.

Please find below the following resources:

- Overview of the Growing in Faith Growing in Christ Program
- Growing in Faith Growing in Faith online parent resource "This Week at Home" & "Parent Corner"
- Grade specific activities that students can work on using school texts and resources.
- Resource page for additional resources
- Celebrating the Liturgical Calendar with your child

## **Grade specific activities that students can work on using school texts**

### Early Years Learning

Parents are encouraged to explore the learning opportunities and activities in the following resources.

#### **Little Saints**

<https://www.catholicpreschool.com/>

Little Saints is a comprehensive preschool curriculum employing some of the best in age-appropriate children's literature and activities. The Little Saints Program concentrates on the true, the good and the beautiful as it builds academic readiness skills. Celebrating the liturgical year, exploring over forty early childhood themes, and developing a love for learning, for family, for America and for the Faith, Little Saints is recommended by educational specialists for use in both the home and the classroom.

#### **Catholic Icing**

<https://www.catholicicing.com/>

We recommended the activities under the

#### **SAINTS TAB**

- Saints Peg Dolls <https://www.catholicicing.com/peg-dolls/>
- All Saints Day <https://www.catholicicing.com/all-saints-day-party-ideas-for-kids/>

- Alphabetical Saint Directory <https://www.catholicicing.com/saint-post-directory/>

## **ALLELU**

<http://www.allelu.com/>

**Allelu!** is a brand-new, early childhood program with innovations that make it easy to engage every child and build his/her faith! Created by expert catechists and a child psychologist, Allelu! delivers a unique, multisensory experience that is manageable for any catechist—without extensive facility requirements or expensive training sessions.

Within this framework, the goals of Allelu! are to:

- Teach young children about our Catholic faith.
- Familiarize children with the Catholic sacraments, liturgical rituals, symbols, and seasons.
- Help form children's moral lives, standards and values.
- Teach children how to pray.
- Give children the words and tools they need to talk about God.

## **Overview of the Growing in Faith Growing in Christ**

Growing in Faith, Growing in Christ is a Religious Education program sponsored by the Catholic Bishops of Ontario, Alberta, Saskatchewan, and the Northwest Territories and developed in collaboration with Catholic educators from across Canada.

The program is based on the *Catholic Elementary Curriculum Policy Document for Religious Education, Grades 1-8*, which has been approved by the aforementioned Catholic Bishops and Regional Assemblies of Bishops. It reflects the content of faith expressed in the Catechism of the Catholic Church and follows the rationale and methodology of the General Directory for Catechesis.

**Growing in Faith, Christ Growing in Christ online Parent Resource “This Week at Home” & “Parent Corner”**

Parents of primary students will be able to access “This Week at Home”. Parents of junior students will be able to access “Parent Corner”. These are located in the upper ribbon of each grade. Please Continue to log onto this portal and use resources with your child . **The username and password cannot be published electronically or posted on a school website, nor can it be included in a school newsletter. Please check with your child for the username and password or school administrator.**

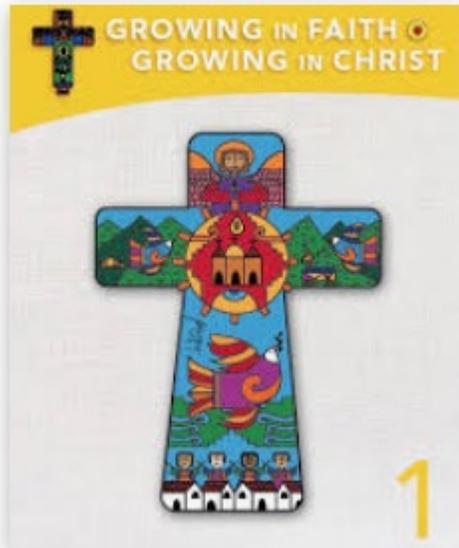
### **Student-Home Website\***

[\(http://www.pearsoncanada.ca/school/growinginfaith/student-home/\)](http://www.pearsoncanada.ca/school/growinginfaith/student-home/)

For Growing in Faith, Growing in Christ, the students can access on-line resources by using: Username: dpcdsb and Password: Student99

## GRADE 1

Theme: Our Friends The Saints



### Prayer

#### Our Morning Prayer

Dear Jesus,  
Please be with me today.  
Help me learn and think and pray.  
Help me show my love for you  
By being kind in all I do.  
Amen.

*(Page 4 Growing in Faith Growing in Christ  
Grade 1 Student Text)*

**Learning Goal:** We are learning what a saint is and how the Communion of Saints helps us live God's law.

Read: Our Friends the Saints Page 35-37

Q. I Wonder..... "How Can I be more like the Saints?  
(Create a chart with your responses (I Can Be Like The Saints)).

**Learning Goal:** We are learning about the lives of some saints and how we can be more like them.

Learn about the following saints

- St. Domenic Savio Page 38-39
- St. Bernadette Page 40-41
- St. Nicholas page 59
- St. Vincent de Paul Page 98
- St. Damien Page 99
- St. Peter Page 118
- St. Marguerite Page 135

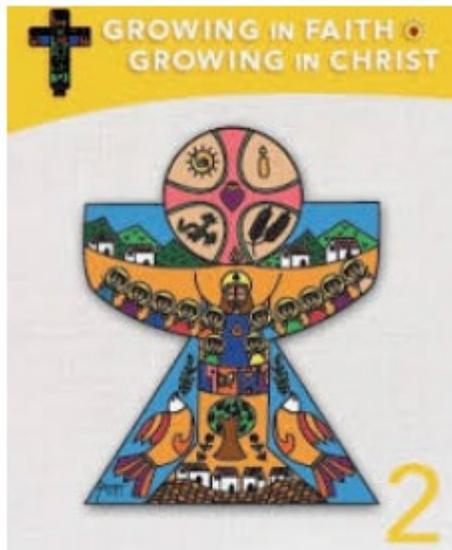
Q. After reading about the above saints select one saint that inspired you and answer the following question.

- Why did you select this saint?
- What were some of the things that the saint did to show God how much they loved him?

- What could you do in your everyday life that would be like the saint you selected?

## GRADE 2

### Theme: All Saints Day



#### Prayer

##### Prayer for Our Class

Loving God,  
 Open our minds and our hearts, so we may see  
 You in everyone.  
 Let Your Spirit guide us as we grow in knowledge  
 and faith.  
 Bless everyone in our school family throughout the  
 year.  
 We ask this through  
 Christ our Lord.  
 Amen.

*(Page 10 Growing in Faith Growing in Christ Grade 2 Student Text)*

**Focus Question:** What can the saints teach us about living like Jesus?

**Learning Goal:** We are learning about saints, All Saints' Day.

Read: All Saints' Day Page 32

Select 5 of the following saints and read about their lives.

- St. John Bosco Page 30
- St. Marguerite Bourgeoys Page 34
- St. Lucy Page 63
- St. Joseph Page 66
- St. Juan Diego Page 80
- St. Patrick Page 108
- St. Gemma Page 118
- St. Therese of Lisieux Page 119
- St. Tarcisius Page 154
- St. Norbert Page 182
- St. Andrew Page 183
- St. Boniface Page 191
- St. Catherine of Siena Page 192

Using the above saints, create an information chart about the saints.

Create a chart on a piece of paper with four columns. At the top of the columns, print the following headings:

- Name
- Where they lived
- How they lived like Jesus
- Feast day

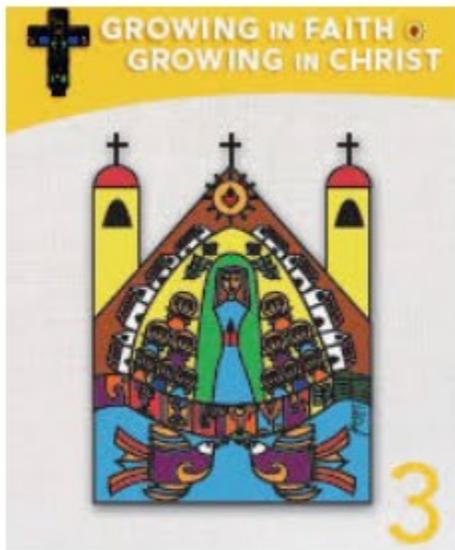
Select one of the saints above and draw a picture of the saint doing good work in your notebooks and add a sentence to explain your picture.

**Furthering your Learning:**

Continue your learning about these Holy people by adding 3 more saints to your information chart.

**GRADE 3**

**Theme: Who are the Saints?**



**Prayer**

**The Prayer of St. Francis**

Lord, make me an instrument of Your peace;  
Where there is hatred, let me sow love;  
Where there is injury, pardon;  
Where there is doubt, faith;  
Where there is despair, hope;  
Where there is darkness, light;  
And where there is sadness, joy.  
O Divine Master,  
Grant that I may not so much seek  
To be consoled as to console;  
To be understood, as to understand;  
To be loved, as to love;  
For it is in giving that we receive,  
It is in pardoning that we are pardoned,  
And it is in dying that we are born to Eternal Life.  
Amen.

**Focus Question: Who are the Saints?**

**Learning Goal:** We are learning how the saints show us how to live like Jesus, We are learning about the Communion of Saints, We are learning that the saints made a difference in the lives of others.

**Read:** Who are the Saints? Page 25, The Work of the Saints? Page 26, Prayer of the Saints Page 27, What We Believe Page 28, Celebrating the Saints Page 32-33

Select 5 of the following saints and read about their lives.

- St. Teresa of Calcutta Page 12
- St. Domenic Guzman Page 22
- St. Andrea Bessette Page 29
- St. Kateri Tekakwitha Page 30
- St. John Paul II Page 31
- St. Paul Page 88-89
- St. Elizabeth Seaton Page 118
- St. Anthony of Padua Page 119
- St. Basil the Great Page 141
- St. Vincent Pallotti Page 142
- Blessed Joan of Toulouse Page 143
- St. Faustine Kowalska Page 169
- St. John Vianney Page 179
- St. Thomas the Apostle Page 214
- St. Maximilian Kolbe Page 235

After reading about the above saints answer the following questions:

- Which saints showed us how to serve others?
- Which saints showed us how we can pray?
- Which saints showed us that children can become saints?
- Which saints lived in what is now Canada?
- How did these saints join us together as a community?

### **Questions**

Select one saint above and answer the following questions in your notebook.

1. Where did this saint live?
2. What difficulties did this saint have to overcome?
3. How did this saint help others to live like Jesus?
4. How did this saint make a difference in the lives of others?
5. If you were going to make this saint a patron saint for someone or a group, who would it be? Think about how the saint was a good model and about those that would want to follow his or her example.
6. Which saint would you like to model your life after? Why?

### **Furthering your Learning:**

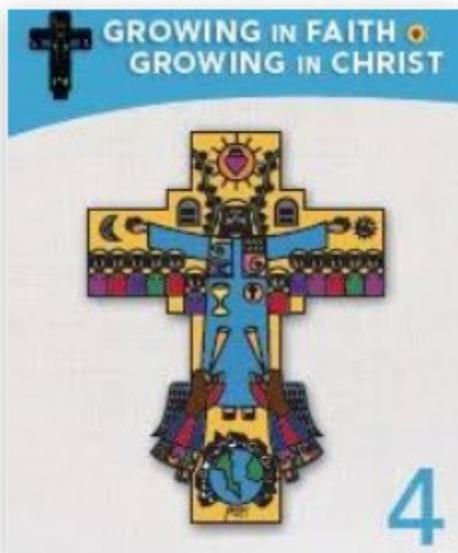
Create a journal entry and use the following questions as writing prompts.

1. Which saint taught me an important lesson? What was that lesson?
2. We are called to be saints too. How can I live like the saints presented?

3. Think about people you know or have read about who try to live their lives like saints. Write a sentence or two in your journals explaining why these people are good role models.

## Grade 4

### Theme: Growing in Holiness with the Saints



#### Prayer

The Litany of the Saints is an important prayer of the Church. A litany is a series of short prayers. When we pray this prayer, we remember that we are one with all of the saints in Heaven.

Lord, have mercy.... Lord, have mercy.  
Christ, have mercy .... Christ, have mercy.  
Lord, have mercy .... Lord, have mercy.  
St. Mary and St. Joseph ... pray for us.  
St. Michael and all the angels .... Pray for us.  
St. John the Baptist .... Pray for us.  
St. Elizabeth .... Pray for us .  
St. Jerome .... Pray for us.

Who are your favourite saints? Add their names to the litany.

*(Page 52 Growing in Faith Growing in Christ Grade 4 Student Text)*

**Focus Question:** How can the lives of saints inspire us to holiness?

**Learning Goal:** We are learning how the saints are models of holiness, We are learning how to be holy from St. Francis and St. Clare, We are learning about the Communion of Saints and eternal life, We are learning about celebrating the saints and how they can inspire us to be holy.

**Read:** Growing in Holiness with the Saints Page 52

#### Questions:

- Did the saints ever make mistakes?
- What can we learn from the saints?

- Which commandment is one that the saints focus on living?

**Faith Facts** Read the Faith Facts feature on page 52. Remember that All Saints' Day is celebrated on November 1, and many saints have their own special feast day. You may wish to highlight a saint that is the namesake or the patron saint of the school or parish. Share what you know of that saint, especially the saint's feast day. You may wish to use available resources, such as the Sunday Missal, the daily missal, prayer books, online resources, or other resources available in your school library, learning common, or parish.

**Read:**

- St. Francis and St. Clare Page 53
- St. Monica Page 92
- St. Nicholas Page 99
- St. Martin de Porres Page 187
- St. Catherine of Siena page 247

Select one of the saints that you just read about and create a prayer card or infographic about the saint. To see what a prayer card looks like, do an internet search using the key word "Catholic Saint Prayer Card"

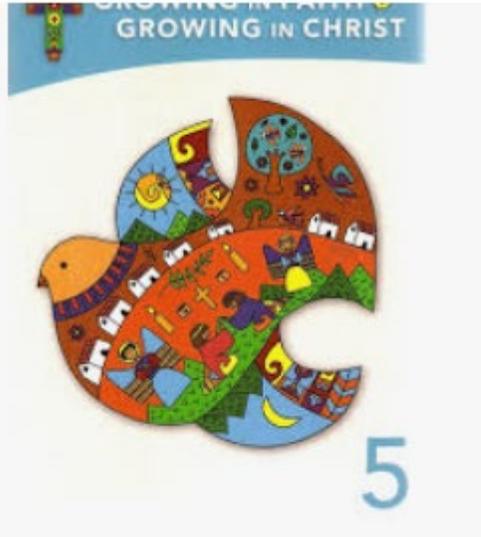
The following questions will help you to determine what you should include

1. What is the saint's name?
2. Where and when was the saint born?
3. When is the saint's feast day?
4. What is the saint known for?
5. How does this saint help us to learn how to be holy?

**Furthering your Learning:**

Reflect and respond to the following questions:

1. Which saint do I admire?
2. What can I do to live more like that saint?
3. Choose a saint and write a short paragraph to explain why that saint inspires you and what you can do in your own life to be more like the saint. Write a brief prayer of intercession asking that saint to pray for you for a particular reason, and to help you grow in holiness.



## Prayer

### The Prayer of St. Francis

Lord, make me an instrument of Your peace;

Where there is hatred,

let me sow love;

where there is injury, pardon;

where there is doubt, faith;

where there is despair, hope;

where there is darkness, light;

and where there is sadness, joy.

O, Divine Master,

grant that I may

not so much seek to be consoled

as to console;

to be understood as to understand;

to be loved as to love.

For it is in giving that we receive;

it is in pardoning

that we are pardoned;

and it is in dying that

we are born to eternal life.

Reflect on the content of the prayer and reflect on why this prayer might be referred to as "The Peace

	Prayer.” Remember that Saints, like St. Francis, are models of holiness.
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**Focus Question:** How do the saints inspire our faith?

**Learning Goal:** We are learning how the saints inspire our faith lives, We are learning how the Communion of Saints supports the Church and its members, We are learning how leaders and role models in faith show us how to pray and live lives of faith.

### Learning Task 1

**Read:**

Witnesses of the Gospel Page 71

Models of Our lives Today Page 75

Read the two paragraphs on student book page 75 and look at the illustration and caption.

Reflect on the following questions in your notebook:

1. What do we have in common with saints from the past?
2. Why might saints be excellent role models?
3. How does asking for the intercession of the saints help us to live a holy life?

### Learning Task 2

Read Praying with the Saints Page 76

Read the prayers on page 76. Choose the prayer of St. Catherine of Siena and the prayer of St. Francis of Assisi.

**Reflect on the following:**

**Mood** (the way the prayer makes you feel);

**Message** (what the saint is trying to say);

**Symbols** (what word images the saint uses to help convey his or her message) in the prayer you chose.

Transcribe the words from your chosen prayer on a blank sheet of paper and draw three images around the words to represent the prayer.

Below is an example of St. Ignatius of Loyola

(For example the prayer of St. Ignatius of Loyola, you might note the following: mood—comfort and hope; message—don't despair, Christ will carry us through difficulties if we are

close to Him; symbols— darkness, hand. When complete compose one statement to explain how the prayer inspires you to live a holy life, and write it below the prayer and symbols.

### **Furthering your Learning**

#### **Read:**

- St. John the Evangelist Page 70
- St. Francis de Sales Page 74
- St. John of the cross page 101
- St. Augustine of Hippo Page 138
- St. Blaise Page 155
- St. marianne Cope page 161
- St. Katharine Drexel Page 194

Select one of the saints above and create a character sketch using the first-person perspective. For example St. Francis de Sales, St. Francis' father, and someone who received spiritual guidance from St. Francis. Use the following guiding questions to assist you with your writing.

Below is an example of what this would look like for St. Francis.

#### St. Francis

- What is my name?
- Who am I? (Create a brief description of St. Francis, referring to the information on Student Book page 74)
- Why did I want to become a priest?
- How did I feel rejecting my father's wishes for me?
- How do I think I can help others?

#### Father of St. Francis

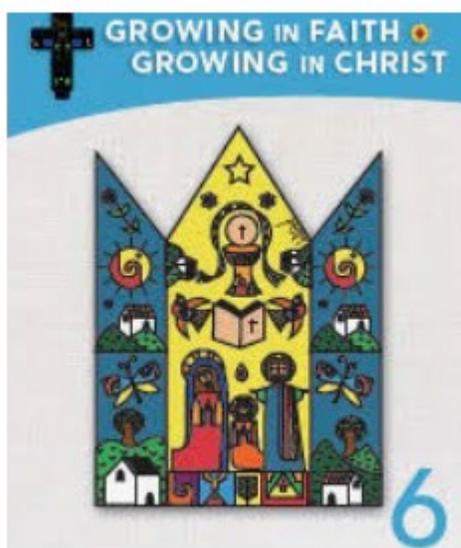
- What is my name?
- Who am I? (Create a brief description of St. Francis' father using fictional details or basing it on facts you research, such as his place of residence or something about his life or character.)
- How would I describe my son Francis? Why?
- What do I think about my son becoming a priest?
- What did I learn from my son?

#### Someone Counseled by St. Francis

- What is my name?
- Who am I? (Provide some fictional information about the character, but try to tailor it to what you know about the people who St. Francis interacted with. Aim to reflect what you know or can find out about the time period and place in which St. Francis lived and worked.)
- How would I describe St. Francis? Why?

- What do I think about St. Francis becoming a priest?
- What did I learn from St. Francis?

**Grade 6**  
**Theme: Discovering the Saints**



**Prayer**

At times, we might feel tempted or pressured to be like everyone else in how we act, think, or look. That is like a tulip trying to be like all the daisies. God purposefully designed each one of us to be unique. He does not make copies. God creates originals.

During your prayer time, take a moment to reflect on the following:

- I Am unique because I am ...
- I Am unique because I have ...
- I am unique because I am ...

Thank God for all that makes you, you. God calls you to become your best self and He will help you on your journey. As you focus on God, your best self will blossom in His love, and you will see the love and goodness of others. God is present in each one of us.

*(Page 9 Growing in Faith Growing in Christ Grade 6 Student Text)*

**Focus Question:** What can I learn from the Lives of Saints?

**Learning Goal:** We are learning about the unique giftedness of the holy lives of specific saints.

**Learning Task 1**

**St. Thomas Aquinas**

**Read**

- St. Thomas Aquinas Page 20

**Questions**

1. What did St. Thomas Aquinas teach about the relationship between faith and reason?
2. What does St. Thomas Aquinas mean when he says, "Love takes up where knowledge leaves off"?
3. How do the teachings of St. Thomas Aquinas continue to guide the Church in faith?

**Learning Task 2**

**St. Lucy Yi ZhenMei**

**Read**

- St. Lucy Yi ZhenMei Page 45

**Questions**

On a piece of paper create a Venn diagram on a piece of paper. In the first circle, write " St. Lucy Yi ZhenMei," and in the second circle, "Faith in the Early Church." Work on identifying similarities and differences.

Similarities	Differences
•	•

1. What do the differences you recorded tell us?
2. What do the similarities tell us?
3. How does St. Lucy Yi ZhenMei show what it means to live a moral and holy life?

**Learning Task 3**

**St. Anne and St. Joachim**

**Read**

- St. Anne Page 82

Looking at the illustration and caption on page 82 in your text reflect on the following questions

1. What do you already know about St. Anne?
2. How was St. Anne related to Jesus?
3. What might we learn about St. Annee from the illustration and the caption?

Read over the first paragraph of the feature about St. Anne and think about the role of St. Anne in our salvation. Respond to the following questions in your notebook.

1. How are St. Anne and St. Joachim connected to the immaculate Conception?
2. How is St. Anne connected to the Incarnation?
3. Why might Indigenous peoples feel a special connection to St. Anne?
4. In what ways is St. Anne and St. Joachim role models for all of us?

## **Furthering your Learning**

### **St. Joseph**

#### **Read**

- St. Joseph Page 116-117  
Brainstorm a list of things that you know about St. Joseph
- Read the feature on St. Joseph on page 166-117 and respond to the following questions in your notebook.
  1. What can we learn about St. Joseph's character from the way he reacted to the news of Mary's pregnancy?
  2. How did Joseph react to the message in his dream?
  3. What lessons can we learn from the actions of St. Joseph?
  4. Why would St. Joseph be chosen as the patron saint of Canada, fathers, workers, social justice, travelers, immigrants and the Universal Church?

### **St. Alphonsa of the Immaculate Conception**

#### **Read**

- St. Alphonsa of the Immaculate Conception Page 158  
  
Read over the profile on page 158 in your textbook and respond to the following questions.
  1. Why might St. Alphonsa's aunt have wanted her to marry?
  2. What qualities would St. Alphonsa need to resist the prompting of her aunt to marry?
  3. What steps did St. Alphonsa take to discern her vocation to the religious life?
  4. How would young people today face issues similar to those of St. Alphonsa faced if they were considering entering religious life?
  5. How would you explain to family and friends that you felt you had a vocation to religious life?

### **St. Benedict of Nursia**

#### **Read**

- St. Benedict of Nursia Page 162

Read over the profile on page 162 in your textbook and respond to the following questions.

1. What does St. Benedict's story teach us about religious life?
2. How would these rules help a person stay faithful to their vows of poverty, chastity, and obedience?

### **St. Vincent de Paul and St. Louise de Marillac**

#### **Read**

- St. Vincent de Paul and St. Louise de Marillac Page 221

Read over the profile on page 221 in your textbook and respond to the following questions.

Read over Building just Communities on page 220

- Create a "Shine Your Light" award for either of the two saints you just read about. Their award will highlight why the saint was selected for this special award.
- Think about someone in your local or global community who would be deserving of this award. Answer the following question once you have selected someone. "Who should I nominate in my family, school, or community for a "Shine Your Light" award and why?"

### **St. Padre Pio**

#### **Read**

- St. Pio of Pietrelcina Page 246

Read over the profile on page 246 in your textbook and respond to the following questions.

Read over the following quotes:

"You don't have to be worthy, you only have to be willing."

"Do good everywhere so that everyone can say 'This is a Son of Christ.'"

"God will always give us more than we deserve."

"Pray, hope, don't worry. Worry is useless. God is merciful and will hear your prayers."

Respond to the following prompts:

- This quote makes me think about....
- This quote makes me feel ...

- This quote tells us to...

### **Read**

Know, Think, Infer Page 247

Further Question:

1. How can our prayers and our prayer life help us grow in holiness?
2. How do St. Peter and St. Padre Pio model what it means to live a moral and holy life?

***All of the above resources have been adapted from the Growing in Faith and Growing in Christ resources, Student textbook and Teacher Resource Grades 1-6.***

### **Grade 7**

#### **Theme: The Witness of the Saint**

Prayer

The Litany of Saint Joseph

For public or private use.

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us. Christ, hear us.

Christ, graciously hear us.

God the Father of Heaven,

Have mercy on us.

God the Son, Redeemer of the world,

Have mercy on us.

God the Holy Spirit,

Have mercy on us.

Holy Trinity, One God,

Have mercy on us.

Holy Mary, pray for us .

Saint Joseph, pray for us.

Illustrious son of David, etc.

Light of the patriarchs,

Spouse of the Mother of God,

Chaste guardian of the Virgin,

Foster-father of the Son of God,

Watchful defender of Christ,

Head of the Holy Family,

Joseph most just,

Joseph most chaste,

Joseph most prudent,

Joseph most valiant,

Joseph most obedient,

Joseph most faithful,

Mirror of patience,

Lover of poverty,

Model of workmen ,

Glory of domestic life,

Guardian of virgins,

Pillar of families,

Solace of the afflicted,

Hope of the sick,

Patron of the dying,

Terror of demons,

Protector of Holy Church,

Lamb of God, Who takest away the sins of the world,

Spare us, O Lord.

Lamb of God, Who takest away the sins of the world,

Graciously hear us, O Lord.

Lamb of God, Who takest away the sins of the world,

Have mercy on us.

V. He made him the lord of His household,

R. And prince over all His possessions.

Let Us Pray.

### **Learning Goal**

Describe the varied spiritualities and prayers that have developed in the Church as a result of the particular charism or witness of a saint (e.g. patron saint, specific devotion to the poor, specific devotion to the sacraments i.e. Eucharist, devotion to Mary). [CCC nos. 2683-2684]

Read the following passage

There are many spiritualities that have developed in the Church as a result of the particular charism (Spirit gift) or witness of a saint. This Augustinian (St. Augustine), Franciscan (St. Francis of Assisi), Ignatian (St. Ignatius of Loyola), Thomastic (St. Thomas Aquinas) to name a few. If you want more background information on these spiritualities, email me. Spirituality is the way we live out the expression of our faith. A Franciscan spirituality is based on simplicity, joy and praise of God. A First Nations spirituality is based on communion and care of the earth. A Salesian spirituality (St. Francis de Sales) is based on gentleness, peace and joy. A Benedictine spirituality (St. Benedict) is based on balance between work and prayer. Specific saints have given witness to certain devotions. St. Vincent de Paul had a specific devotion to the poor and he worked to relieve their suffering. St. Andre Besette had a specific gift with hearing people's confessions. St. Margaret Mary Alacoque had a specific devotion to the Sacred Heart of Jesus; she had a vision of the Sacred Heart which is depicted in the statues of the Sacred Heart of Jesus. St. John Paul II had a specific devotion to Mary, the mother of God.

## Learning Task 1

1. Review the 4 spiritualities listed above:
  - Augustinian
  - Franciscan
  - Ignatian
  - Thomastic
  -
2. In point-form provide your own definition for each spirituality.
3. Which is your favourite form of spirituality? Why?

## Learning Task 2

Research a saint of your choosing and draw a picture to express what gift the saint offered. Write a one page reflection explaining how the saint is a witness to the Church.

## Grade 8

### Theme: Living Testimony of the Saints

#### Prayer

#### Prayer for Vocations

God, in Baptism you call me by name and made me a member of your people, the Church.

Help all of your people to know their vocation in life, and to respond by living a life of holiness. Send your Spirit to guide and strengthen me that I may serve your people following the example of your Son, Jesus Christ, in whose name I offer this prayer.

Amen

*(Growing in Faith, Growing in Christ student text Grade 6 Page 152)*

#### Learning Goal

Describe the varied spiritualities and prayers that have developed in the Church as a result of the particular charism or witness of a saint (e.g. patron saint, specific devotion to the poor, specific devotion to the sacraments i.e. Eucharist, devotion to Mary). [CCC nos. 2683-2684]

Using particular saints as examples, outline the process of how a person becomes recognized as a saint (i.e. holy man or woman) by the Church. [CCC nos. 946-975]

Identify living examples of the virtuous life (prophets: Mother Teresa, Canadian Martyrs, St. Kateri Tekakwitha, St. Peter Aleut) and explain how they witness to the resurrected Christ through healings and miracles. [CCC nos. 946-975]

### **Read**

Generically, a person becomes recognized as a saint by how they live, work, and serve people. They live a prayerful and holy life of virtue. Once someone recognizes his/her goodness, that person gets other people to notice. The potential saint has to die. Step 1 - If the people continue to be inspired by the life of the holy person, then they ask the local bishop to investigate the holy person's life. If the bishop finds sufficient evidence to support the claim, then he presents the information to the Vatican's Congregation for the Causes of Saints. Step 2 – The Congregation reads the information and can reject or support the bishop's information. If accepted, the Congregation begins its own investigation into the life of the person. The person is referred to as a Servant of God at this stage. Step 3 – The Congregation declares that the person lived a good and holy life while on earth; this is not a declaration that the person is in heaven. The Congregation approves of the person as a potential candidate for sainthood. Step 4 – A miracle performed through the intercession of the person is proof that the person is in fact in heaven. Most of the time the miracle is a healing. The healing must be verified by independent doctors and proved real by scientists. Once that verification is over, it is up to the pope to approve the canonization. The person is now referred to as Blessed. Step 5 – A second miracle is required and it needs to go through the verification process like the first. If approved by the pope is then canonized a Saint.

<https://focusoncampus.org/content/how-does-someone-become-a-saint-a-5-step-process>

### **Learning Task 1**

Research your school patron saint to learn more about the holy man or woman. If your school has the name of Holy Cross or Holy Name of Jesus, select a saint that they are connected to, i.e. St. Joseph who is the patron saint of Canada or St. Teresa of Calcutta (who was canonized this September.)

Or you may select the saint of your name.

### **Learning Task 2**

It is challenging to find living examples of people living virtuous lives because people think being religious is a private part of their lives. Father Gregory Boyle is a good example. Brother Lawrence Freeman OSB would also qualify as a living saint.

Research the life of any of these holy men or women.

Some have already gone to heaven and have been declared canonically Saint. Some are still living in the world. One person who is not on this list is Pope Francis to whom I think the students would relate.

Once you have done your research, write a 2-3 page play dramatizing how this virtuous individual gives witness to the resurrected Christ. All of these individuals may not have healings and miracles attributed to them YET. However they are giving witness to the resurrected Christ by the ministry and action they perform in their lives.

### **Further Resources**

The following resources are recommended for educational learning and faith formation.

#### **DPCDSB eBook From your Home**

##### **Borrowing an DPCDSB eBook from your Home**

1. Go to the DPCDSB webpage at [www.dpcdsb.org](http://www.dpcdsb.org).
2. Select your child's school from the drop down menu on the left side.
3. Select the "Library Catalogue" menu link option at the top black bar menu on your child's school website.
4. Users can search eBooks by either selecting "Commercial eBooks" options in the drop down menu option and type a keyword in the search text box, or simply select the "eBook" icon on the left hand margin to list all eBook titles.
5. To checkout a commercial eBook copy from your school Enterprise OPAC, select the download button adjacent to the eBook "short entry" record of a search result list as seen below.
6. This action will display the eBook title in the ebook vendor's site. Select the "Borrow" button.
7. Select the "Sign In" button to proceed to the DPCDSB personal login eBook page.
8. At the DPCDSB Login Screen enter student email, followed by the regular password.
9. eBook Checkout is complete with the user being placed on the book's page in the ebook vendor's site.
10. Click the "Read (in your browser)" Button to begin reading the eBook.

Or

Click on the “Download (EPUB eBook)” button to begin downloading the ebook copy to your own device.

## HELP RESOURCES

Video Instructions on reading an eBook in the browser -  
<http://help.overdrive.com/#videos?odread>

Other eBook help videos are available at: <http://help.overdrive.com/#videos>

Additional website HELP information is available at:  
<http://help.overdrive.com/customer/en/portal/articles>

### **Catechism of the Catholic Church**

<https://www.vatican.va/archive/ENG0015/INDEX.HTM>

### **Archdiocese of Toronto**

<https://www.archtoronto.org/>

### **Institute for Catholic Education**

<https://iceont.ca/>

The Ontario Institute for Catholic Education brings together, works with, and assists organizations that share responsibility for English Catholic education in their efforts to promote and maintain publicly-funded Catholic schools animated by the Gospel and reflecting the tenets of the Catholic faith.

### **CARFLEO**

<https://carfleo.com/>

CARFLEO is the Catholic Association of Religious and Family Life Educators of Ontario. We are the provincially recognized subject association for Religious Education and Family Life Education.

### **Loyola Press**

<https://www.loyolapress.com/our-catholic-faith/saints/saints-activities>

The saints can help us in our spiritual lives. By praying with the saints, we can grow closer to God. Saint activities are a great way to learn about the saints and, through them, to deepen our relationship with God. Select a link below to explore these saint activities, lesson plans, resource collections, plays and other activities.

### **Development and Peace**

<https://www.devp.org/en>

Development and Peace (The Canadian Catholic Organization for Development and Peace) is the official international development organization of the [Catholic Church in Canada](#) and the

[Canadian member of Caritas Internationalis](#). Development and Peace is a membership led organization supported by parish collections, individual donations and government grants, principally from Global Affairs Canada.

**Bible Gateway**

<https://www.biblegateway.com/>

Online bible search engine.

When searching for scripture passages, please use the New Revised Standard Version.