

## How to Handle 'Scent-Sensitive Situations'

### **For Parents/Guardians/Students**

Parents/Guardians with children that they believe may be sensitive to scented products should not hesitate to discuss their concerns with the school administration. Indicate what the problem is, what you think may trigger your child's reaction.

If you are a student having reactions to scented products worn by others at school:

- If you know the person well and feel comfortable with him or her, talk to them about what you think is bothering you about the scent.
- Tell them about the website and the Scent Sensitivity Awareness Campaign.
- If you don't feel comfortable talking to this person, tell a teacher, your school principal and your parents/guardians about your concern.

**If you are a student who is wearing a scented product(s) and you are approached by another person:**

- Do not take this personally — this is about the impact of scents on people, not about you.
- Become informed and be part of the solution and consider switching to fragrance-free products.
- Whenever discussing this issue remember not to be confrontational or hostile, and focus on the fact that someone's comfort or health is being impacted.