JULY 4 TO AUG. 11 FOR AGES 4-15
DARETOLOVE SUMMER FUN CAMP
LEVEL-UP BASKETBALL TRAINING CAMP,
LEAD-THE-WAY CAMP

Until May 31, 2023, weekly camps are as low as $100/week for the Lead-the-Way Leadership Program or $150/week for the Summer FUN or Level-Up Basketball Programs (when registering for all 6 weeks).

Location: St. Veronica on 680 Novo Star Dr., Mississauga.

Hours: 9 am to 3:00 pm; Extended hours available from 8 am to 3:30 pm

Age groups: 4-6 (aka Rookies); 7-9 (aka Diamond Steves);

Basketball skills, drills, & ball IQ for ages 10-14 (Level-Up & Prep for Rep)

With over 20 years of experience, our camps are designed to educate and enrich the lives of our young community no matter what age. We encourage self-awareness, self-confidence, and personal management (physically, mentally, emotionally, socially, and spiritually). See the calendar and general schedules below to get an idea of what their summer will look like. Otherwise, text us your name and email to 416-993-6899 and we will email you more details. Please excuse our website as it is being updated. However, we encourage you to view our gallery at daretolovesports.ca and http://daretolovesports.ca/gallery/youtube

REGISTER NOW!
416-993-6899 or
416-712-9992
lillian@daretolovesportsclub.com
<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SAT/SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Age groups are:</strong></td>
<td><strong>Every Day:</strong></td>
<td><strong>Creative with:</strong></td>
<td><strong>Lessons on:</strong></td>
<td><strong>FUN all day</strong></td>
<td><strong>Notes</strong></td>
</tr>
<tr>
<td>Rookies - 4-6 yrs</td>
<td>Soccer in the AM</td>
<td>Arts, food prep, blocks, game, markers, cursive writing, story writing, print your name and more.</td>
<td>Safety, nutrition, injury prevention, virtues, values, social responsibility, being DAREful &amp; LOVEing, Biblical values, and more.</td>
<td>Marshallmallow Mondays</td>
<td>Have a safe and fun holiday!</td>
</tr>
<tr>
<td>Diamond Steve - 7-9 yrs</td>
<td>Basketball in the PM</td>
<td></td>
<td></td>
<td>Tech Tuesdays</td>
<td>Summer Camp begins. Planting seeds.</td>
</tr>
<tr>
<td>GoPros - 10-12 yrs</td>
<td>Games, creativity, and lessons and more.</td>
<td>Bring towels, extra clothes, and sandals</td>
<td>Ages 4-6 stay @SV for games and learning</td>
<td>Water Wednesdays</td>
<td>Bring towels, extra clothes, and sandals</td>
</tr>
<tr>
<td>Lead the Way - 12-15 yrs</td>
<td></td>
<td></td>
<td>Ages 4-7 stay @SB for games and smARTS</td>
<td>Trips Thursdays</td>
<td>Pizza &amp; veggies Day</td>
</tr>
<tr>
<td>Basketball - 10-14 yrs</td>
<td></td>
<td></td>
<td></td>
<td>FUN Fridays</td>
<td>Pizza &amp; veggies Day</td>
</tr>
</tbody>
</table>

**Week 1**

3 Happy Canada Day Long Weekday

4 Week 1 Day 1 Orientation

5 Water Wednesday

6 Trip Day (+$10) for ages 8-14 only Location TBA

7 FUN Friday Pizza ($5/2 slices and veggies)

**Week 2**

10 Week 2 Orientation

11 Scavenger Hunt

12 Water Wednesday

13 Trip Day (+$10) for ages 8-14 only

14 FUN Friday Pizza ($5/2 slices and veggies)

**Week 3**

17 Week 3 Orientation

18 Explore day

19 Water Wednesday

20 Trip Day (+$10) ages 8-14 Location TBA

21 FUN Friday Pizza ($5/2 slices and veggies)

**Week 4**

24 Week 4 Orientation

25 Amazing Race Scavenger Hunt

26 Water Wednesday

27 Trip Day (+$10) ages 8-14

28 FUN Friday Pizza ($5/2 slices and veggies)

**Week 5**

31 Civic Holiday - No Camp today.

1 Week 5 Orientation Tech Tuesday

2 Water Wednesday

3 Trip Day (+$10) ages 8-14

4 FUN Friday Pizza ($5/2 slices and veggies)

**Week 6**

6 Week 6 Orientation Marshallmallow Paintball Monday

8 Tech Tuesday

9 Water Wednesday

10 Trip Day (+$10) ages 8-14

11 FUN Friday Pizza ($5/2 slices and veggies)
**General Daily Schedule**  
(Changes may apply pending weather, theme of the week and special visits).

Rookies=ages 4-6; Diamond Steves=ages 7-9; GoPros=ages 10-12; Basketball=ages 10-14, Leaders=ages 12-15

Parents: Please note - we take pictures and videos during camp. These are mainly for memories for a lifetime. All videos and pictures are used to capture memories for years to come.

Please see our gallery on daretolovesports.ca to get an idea of what our video gallery looks like.

http://daretolovesports.ca/gallery/youtube

Also note, we are in the process of updating our website. While the website has not been updated, much of the information about who we are has not changed. If anything, you can see what we have done.

Lillian Mendoza, Executive Director, has been directing camps since 2001 and running sports programs since 1999.

Feel free to contact Lillian Mendoza directly at 416-712-9992. Please text first.

We look forward to working with you and your family to deliver summer memories.

**Discipline – A**ttitude- **R**espect – **E**ffort (teach others) **L**isten – **O**bev – **V**olunteer – **E**very day

<table>
<thead>
<tr>
<th>Time</th>
<th>Rookies Ages 4-6</th>
<th>Diamond Steves 7-9</th>
<th>Go Pros</th>
<th>Level Up Basketball</th>
<th>Lead the Way Ages 12-15</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Early drop-off</td>
</tr>
<tr>
<td>9:00</td>
<td></td>
<td></td>
<td></td>
<td>Assembly starts. Verse of the week. DARE up.</td>
<td></td>
</tr>
<tr>
<td>9:15</td>
<td>Soccer or other activity</td>
<td>Drills</td>
<td>Ball IQ</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:20</td>
<td>Snack/park</td>
<td>Snack</td>
<td>Snack</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:15</td>
<td>Park</td>
<td>Games</td>
<td>Games</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:45</td>
<td>Play or head back early pending weather</td>
<td>Break</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11:00</td>
<td>Wash hands/hygiene</td>
<td>Lesson</td>
<td>Lesson</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11:15</td>
<td>Lesson</td>
<td>Lesson</td>
<td>Lesson</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11:45</td>
<td>Lunch</td>
<td>Lunch starts</td>
<td>Lunch</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12:15</td>
<td>Gym</td>
<td></td>
<td>Lunch</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12:45</td>
<td>Basketball</td>
<td>Print or cursive</td>
<td>Film</td>
<td></td>
<td>Film</td>
</tr>
<tr>
<td>1:15</td>
<td>Creative</td>
<td>Basketball/games</td>
<td>Basketball/games</td>
<td>Learn to teach, coach, create, collaborate, and coordinate. (Gym)</td>
<td></td>
</tr>
<tr>
<td>1:45</td>
<td>snack/activity</td>
<td></td>
<td>Sports Psych+Wellness</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:45</td>
<td>Story time</td>
<td></td>
<td>Snack + tidy up</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3:00</td>
<td></td>
<td></td>
<td>Day ends with prayer. DARE up. Regular pick-up time/free time</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3:30</td>
<td></td>
<td></td>
<td>Last late pick-up</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3:31</td>
<td></td>
<td></td>
<td>Late pick-up will take place under the outdoor cabana</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
**Program Descriptions**

**DARE to LOVE Level-up Basketball Camp**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 am</td>
<td>Early drop off</td>
</tr>
<tr>
<td>9:00 am</td>
<td>Assembly</td>
</tr>
<tr>
<td>Morning</td>
<td>Combine, skills, drills, development, basketball IQ</td>
</tr>
<tr>
<td>Lunch</td>
<td>Break – rest and digest</td>
</tr>
<tr>
<td>Afternoon</td>
<td>Video analytics, *PhLIP, sports psych, wellness, lead, execute concepts, strategies and plays</td>
</tr>
<tr>
<td>3:00 pm</td>
<td>Assembly - Camp ends</td>
</tr>
<tr>
<td>3:30</td>
<td>Extended hours wait for pick up.</td>
</tr>
<tr>
<td>3:31</td>
<td>Late pick will take place under the outdoor cabana.</td>
</tr>
</tbody>
</table>

*No matter the players’ level of basketball, this program is designed to develop skills to bring them to the next level.

**This program requires higher focused with higher intensity, hence, greater effort and expectations will come from both coaches and players.

***PhLIP = Physical Literacy and Injury Prevention as per programs by Dr. Lam in Toronto.

The basketball camps are customized weekly and daily based on the players. There is no “cookie cutter” week. The objective is to continuously develop and improve each player’s skills on and off the court while adhering to the virtues and values of DARE to LOVE Sports Club. Each player attending *Level Up* will see and notice their progress daily and weekly.

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**Lead-the-Way**

**Educating and empowering our youth to lead within their community.**

**Lead the Way – General expectations.**
- Learn life and leadership experiences that are worthy of future careers.
- Gain a perspective on coaching, leadership, training, managing and philanthropy.
- Understand goal setting, plan, execute, adjust, evolve, resolve, and succeed.
- Empathy and Community: “It’s not about me”.
- Observe and appreciate.
- Create and develop entrepreneurial skills.
- Learn to manage and let go.

Opportunities: Depending on the competencies of the group, Lead-the-Way campers can learn to coach and or develop a business.

<table>
<thead>
<tr>
<th>SEY – Self Employed Youth</th>
<th>Coaching (using Resources from Canada Basketball)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Opportunity start and run a business as a group.</td>
<td>Character development and Community awareness</td>
</tr>
<tr>
<td>Project-based organization designed to generate revenue.</td>
<td>Move from Me to We</td>
</tr>
<tr>
<td>Learn to budget</td>
<td>Understanding the balance between play and competition</td>
</tr>
<tr>
<td>Learn to save and invest</td>
<td>Handling conflict with dignity</td>
</tr>
<tr>
<td>Learn what it takes to buy a home</td>
<td>Coaching with purpose</td>
</tr>
</tbody>
</table>

The Lead-the-Way program is customized as it caters to the individuals participating each summer. For the SEY program, participants should commit to the full 6-weeks. Those in the 6-week program can choose either to be SEY or be a Coach. Those participating in the summer program for less than 6 weeks will be focused on learning to lead by coaching or assisting. However, both LTW will cover the 7C of success, character building, leading, and conflict resolution.
Program Descriptions Can’t

DARE to LOVE Summer FUN Camps

Our goal is to promote virtues, values, and Biblical principles through sport. DARE stands for: Discipline, Attitude, Respect and Effort and LOVE stands for: Listen (to your parents), Obey (your parents), Volunteer (at home and school), and do it...Every day. Our intention is also to improve your child’s athletic abilities and confidence in themselves to succeed and progress. We want them to love the sport of basketball or soccer or both while giving them a variety of other activities to keep them physically, mentally, and socially active. Below will provide information of what to bring, where to drop off and pick up, and what to expect.

As per the school standard, peanuts or nut products are not allowed in the schools. Please pack food and drinks in a cooler bag. Please LABEL your items as necessary. Some activities will incur an additional fee. Feel free to donate toys/books/crayons.

What to bring:

- Half day players bring 2 light snacks (ie carrots, water melon, one fruit, cheese and crackers, etc.).
- Full day players bring 2 light snacks (in reusable containers).
- Lunch in reusable containers please.
- Wear sunscreen before arriving and bring a tube or can (in a zip-lock bag in case it leaks) with you please.
- Hat for sun protection
- Indoor and outdoor shoes (cleats are not mandatory – these counts as a third pair of shoes)
- Shin pads and socks if you have them (for soccer players and not mandatory for 4-6 years old).
- A towel for picnics, resting and for Water Wednesdays.
- 2 bottles of water in re-usable containers. We will not allow players to drink from disposable bottles. Players will have to use the water fountain and disposable water bottles will be brought back home to be socially responsible.
- Any medication, if necessary, in a zip-lock bag.
- Soft and sugar drinks (especially Gatorade or Powerade) are not allowed. Water is the best beverage for your child and for camp and does not attract bugs or bees. Exception may apply for those with a medical reason.
- Swim wear or extra shorts, T-shirt, underwear, footwear (water socks) and for water balloons days (typically Wednesdays weather permitting).
- BASKETBALL CAMPERS MAY BRING YOUR OWN BALL – Size 5 youth (<10), 6 (10-12), 7 (13+).

Please label everything. We are not responsible for lost items/belongings.

Contact/text 416-993-6899 or 416-712-9992 for more information.

http://daretolovesports.ca/gallery/youtube
**Where to go and where to enter:**

Front main doors St. Veronica is located on 680 Nova Star Drive, Mississauga, L5W 1C7.

**FUN Camp Lunch Time and Snack time (Basketball Camp may differ):**

Lunch time is approximately 11:45am or 12:15pm (pending age and group).
Indoor and outdoor activities are run throughout the day. Cleats are only allowed during soccer practice.
Outdoor and indoor shoes are required.
Drop off is 9:00 am or 8:00 am for those who register for extended hours.

Pick-up times are at 3:00 pm for the full day and between 3:30 for extended hours. Late pick-up penalty is $20/day starting at 3:10 pm or 3:40 pm. Late pick-up will take place under the cabana.

**What to expect on your first day for ALL campers:**

Welcome, thank you remarks, intro and snacks. Name game so that campers are quickly familiar with each other.

- Buddy system for bathrooms for Rookies.
- Please do not bring NUTS and EGGS.
- Circle up and learn what DARE and LOVE stand for.
- The importance of virtues, values, Biblical principles, faith over fear and prayer.
- Go over camp rules.
- Morning routine when arriving to camp. Daily routines the coaches will take you through.
- Players will be responsible for obeying the rules, listening to the coach, and taking care of their personal belongings and each other.
- Everyone is a teammate even when you are playing against them in friendly competition.
- Have fun and let others have fun too.
- Always think about safety.
- Offsite activities are optional for Basketball Campers and incur an additional $10-$25.
- Be prepared for a summer of team spirit, fitness, and fun 😊

Contact/text 416-993-6899 or 416-712-9992 for more information.

http://daretolovesports.ca/gallery/youtube
Registration Fees

All fees include 13% HST. Note, all fees must be paid in full by due date(s) to receive promotional rates.

Refund Policy

Please note: Full refund provided if requested within 15 days before the scheduled start date; 50% refund if requested 10 days before the scheduled start date. No refunds are provided within 9 days of your start date and once the week has started.

<table>
<thead>
<tr>
<th>Register Now and Save</th>
<th>9:00am - 3:00pm</th>
<th>8:00am-3:30pm</th>
<th>4-day weeks*</th>
<th>Totals</th>
</tr>
</thead>
<tbody>
<tr>
<td>Regular per week</td>
<td>$250</td>
<td>$300</td>
<td>$200 9-3, $220 8:30-3:30</td>
<td>Wk1*: July 4-7 = $</td>
</tr>
<tr>
<td>Special until June 14/23</td>
<td>$175</td>
<td>$225</td>
<td>$200 9-3, $220 8:30-3:30</td>
<td>Wk2: July 10-14 = $</td>
</tr>
<tr>
<td>Half-days (5-day week)</td>
<td>$150 9am-12pm</td>
<td>$150 12-3pm</td>
<td>$130</td>
<td>Wk3: July 17-21 = $</td>
</tr>
<tr>
<td>DARE members</td>
<td>$150/week</td>
<td>$175/week</td>
<td>$130 9-3, $150 8:30-3:30</td>
<td>Wk4: July 24-28 = $</td>
</tr>
<tr>
<td>Level-Up Basketball</td>
<td>$250 9-3</td>
<td>$300 8:30-3:30</td>
<td>$200 9-3, $250 8:30-3:30</td>
<td>Wk5*: Aug. 1-4 = $</td>
</tr>
<tr>
<td>6-wk bundle for above</td>
<td>$900/6 weeks</td>
<td>$900/6 weeks</td>
<td>Na</td>
<td>Wk6: Aug. 7-11 = $</td>
</tr>
<tr>
<td>(Exp. May 31, 2023)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lead-the-way (LTW)</td>
<td>$250 9-3</td>
<td>$300 8:30-3:30</td>
<td></td>
<td>LTW: Wk 1_2_3_4_5_6_ = $</td>
</tr>
<tr>
<td>6-wk bundle for LTW</td>
<td>$660 9-3</td>
<td>$690 8:30-3:30</td>
<td>LTW 6-wk: $</td>
<td></td>
</tr>
<tr>
<td>DARE members are those who have participated with DAREtoLOVE in the last 10 years.</td>
<td>Total: $</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sibling discounts: Save $25/week excluding Super Duper Early Bird and 6-week bundle promotional fees.</td>
<td>Pmt options: E-transfer</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>DARE members, St. Veronica, St. Julia, and St. Barbara families save an additional $10/wkly programs or $60/6-wk programs only until May 31, 2023.</td>
<td>Start date(s): C1_______ C2_______ C3_______</td>
<td></td>
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</tr>
</tbody>
</table>

Refund policy for 6-week (special fee rate) programs:

Each week is valued at a regular fee of $250 (9 am to 3:00 pm) or $300 (8 am to 3:30 pm). Whichever amount you have paid for the 6-week special, the refund amount will be equal to the amount paid less the regular weekly rate for the weeks already participated. Example 1: If you paid $690 for 6 weeks of leadership camp w/ extended hours (8 am to 3:30 pm) and your child participates in the first 3 weeks (weeks 1, 2, and 3) but does not participate in the last 3 weeks (weeks 4, 5, and 6), your refund will be as follows:

$690 for weeks 1-6
Less $300 week 1
Less $300 week 2
Less $300 week 3
-$210.00 - Since there is a negative balance, no additional refund will be provided.

Example 2: If you paid $690 for 6 weeks of leadership camp w/ extended hours (8 am to 3:30 pm) and your child participates in the first 2 weeks (weeks 1 and 2) but does not participate in the last 4 weeks (weeks 3, 4, 5, and 6), your refund will be as follows:

$690 for weeks 1-6
Less $300 week 1
Less $300 week 2
$90.00 Since your child participated for 2 weeks, there will be a refund for $90.00.

The refund rule will apply to any 6-week program purchased.
Printed Registration Form (You may use this form and submit it to lillian@daretolovesportsclub.com)

Camper 1 First Name: ________________________ Camper 1 Last Name: ________________________ Date: ___________

Gender at birth: (male or female): ________________ DOB: (yyyy-mm-dd) ___________ School: __________________________

Sibling 1 First Name: ________________________ Sibling 1 Last Name: ________________________ Date: ___________

Gender at birth: (male or female): ________________ DOB: (yyyy-mm-dd) ___________ School: __________________________

Sibling 2 First Name: ________________________ Sibling 2 Last Name: ________________________ Date: ___________

Gender at birth: (male or female): ________________ DOB: (yyyy-mm-dd) ___________ School: __________________________

Mailing/Home Address of Campers: __________________________ City: ________________________ Postal C: ____________

Parent/Guardian 1 First Name: ________________________ Parent/Guardian 1 Last Name: ________________________

Parent/Guardian 1 mobile #: ________________________ Parent/Guardian 1 email: __________________________

Mailing Address of Parent/Guardian 1 (if different from Camper):
# and Street name: __________________________ City: ________________________ Postal C: ____________

Parent/Guardian 2 First Name: ________________________ Parent/Guardian 2 Last Name: ________________________

Parent/Guardian 2 mobile #: ________________________ Parent/Guardian 2 email: __________________________

Mailing Address of Parent/Guardian 2 (if different from Camper):
# and Street name: __________________________ City: ________________________ Postal C: ____________

Emergency Contact First and Last Name: __________________________ Cell: ___________ Relationship: ___________

Notes: Please provide details of any medical or non-medical conditions that will help us coach your child and ensure their safety:
________________________________________________________________________________________________________________________________________________

I give DARE to LOVE Sports Club consent to use my child’s photos, audio and video for media and advertising purposes (flyers, website, social media). Yes___ No___

I give DARE to LOVE Sports Club permission to communicate regarding special events related to your participation. Yes___ No___

I give permission for my child (ren), listed above to be released at _____ pm regularly to go home. Yes___ No___

I fully understand that there are risks involved with my son’s or daughter’s participation in any DARE to LOVE Sports Club league, tournaments, camps, programs, or other special events. I release and discharge DARE to LOVE Sports Club, Corporate Sports Inc., Dufferin-Peel Catholic District School Board, Peel District School Board, all executives, staff, faculty, volunteers, board members, coaches, officials, coordinators and affiliates from all actions, suits, and demands whatsoever in law or in equity, including by not limited to the risk of injury from participating in DARE to LOVE Sports Club event, leagues, events or programs and the risk of loss of personal property by theft or otherwise.

Print Name of Parent/Legal Guardian 1: __________________________ Signature ________________________ Date: __________

Print Name of Parent/Legal Guardian 2: __________________________ Signature ________________________ Date: __________