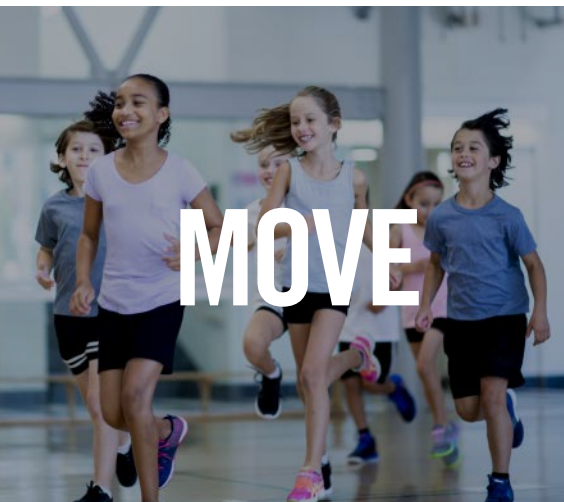


THE CITY OF BRAMPTON IS EXCITED TO OFFER THE **BEST** | BUILD | EXPLORE | SUPPORT | **YOU!** PROGRAM



Supported through **FREE** workshops for students in Grades 1-8, which promote physical, social and emotional wellbeing as key determinants in good health.

Three 45 minute in-school workshops are available to choose from.



MOVE



CONNECT



GROW

City of Brampton staff are High Five certified with a passion for, and a background in health, wellness and leadership.

To register or for more information, contact bestyou@brampton.ca