

REFLECTION AND ANNOUNCEMENTS FEBRUARY 15, 2023

SUBMITTED BY	ANNOUNCEMENTS
Spitzig	Have you purchased your SPIRIT WEAR yet? Do so today. \$30.00 hoodies and \$20.00 Long-sleeved Ts are available until February 24.
Vu	It's BACK!!!! Badminton is back at Ascension! Any students wishing to play on this year's Varsity/Senior Badminton team are asked to sign up on the Sign-up sheet outside room 318! As well, you need to pick up a permission form, complete it, and returned to Mr. Vu before Friday. The first tryouts for only grade 11 and 12 students will take place this Friday February 17 at 2:30 pm in the gym. You must return your permission form and be dressed in athletic wear to participate in tryouts! Any questions, go find Mr. Vu in room 318 during second lunch or after school!
Vu	Badminton Tryouts for students in grades 9 and 10 will take place on Thursday February 23 rd at 2:30 pm in the gym.
Albano	Don't Trust Anyone opens tonight. You can still purchase tickets today at lunch.
Albano	Students involved in the school play, please meet in the cafeteria after school today for the revised instructions for tonight.
Albano	Holy Week Helpers are needed. Please come find Ms. Albano in the cafeteria to sign up if you can help as a performer or backstage.

DAILY REFLECTION

Dear God, we acknowledge that the land on which we gather is part of the Treaty Lands and Territory of the Mississaugas of the Credit. We acknowledge and express gratitude to the Mississauga's of the Credit First Nation of the Anishinaabek Peoples who continue to share their ancestral lands with us.

In the name of the Father, Son, and Holy Spirit. Amen.

A reading from the Letter of St. James

“Every generous act of giving, with every perfect gift, is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change. In fulfilment of his



own purpose he gave us birth by the word of truth, so that we would become a kind of first fruits of his creatures.”

At Ascension of our Lord, we have many religions represented in our community. Some dating back more than 2000 years so much so it is embedded within every culture in the world in some form or fashion. If we consider the three Abrahamic ones, Judaism, Islam, and Christianity, we find the source of our goodness, purpose, and charity. It is God. Why is this important?

As a Cardinal from Nigeria, Francis Cardinal Arnize said, “Religion is one dimension of culture a transcendent element of it.” See, for many people, religion gives one structure in our life and keeps our humanity in check. It does have a set of rules for how to live one’s way of life which helps navigates the ups and down of it as well as framework to acknowledge I, the individual, me, myself, and I are not the centre of the universe. Instead, what Cardinal Arnize points out, as many religions do, is how we are part of each other’s lives connected by God. Period. This means, what I decide for myself will and does affect someone else’s life in my proximity and beyond my view. We are responsible for each other because God’s love and mercy is what created us and binds us together.

Let us pray to never forget that even in times when we disagree in politics, ideology, and how one lives their lives. May we first consider the other point of view before shutting it down without real thought or discernment. May you find comfort in the words of Jesus at the Ascension, remember “I am with you always.” Amen. In the name of the Father, Son, and Holy Spirit. Amen.