

REFLECTIONS & ANNOUNCEMENTS DECEMBER 14, 2022

SUBMITTED BY	ANNOUNCEMENT-SCHOOL RELATED
Cardinale	Hospitality Christmas bake sale during lunch on Friday. This Friday. ALL items are \$2.50.
Albano	If you have non-perishable food in your room, please send it down. Ms. Albano apologizes for not making it to your classroom.
Albano	“Don’t Trust Anyone” Practice today. Meet in front of the cafeteria doors.
Albano	Students going on the Street Patrol tomorrow, please drop by Ms. Albano’s office during your lunch for a brief orientation and plan for the day. MANDATORY. No show. No go.
YES4MH	There will be a YES4MH meeting on Thursday December 15th 2022, after school, in the library, from 2:30p-3:30p. Please join us to help plan for next week’s Wellness Fair. See you then!

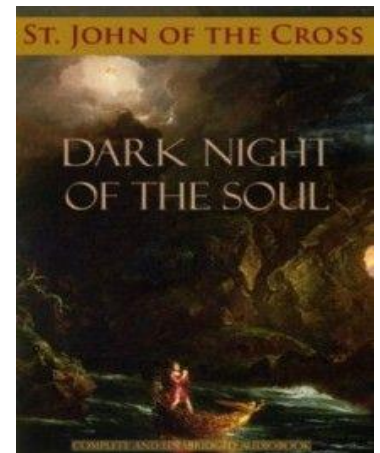
DAILY REFLECTION

In the name of the Father, Son, and Holy Spirit. Amen.

A Reading from the Book of Psalms

“Let me hear what God the Lord will speak, for he will speak peace to His people. Surely his salvation is at hand for those who fear him, that his glory may dwell in our land.”

I didn’t know the significance of meeting a Carmelite sister in my early teens until later on in my life. She spoke of St. John of the Cross and focused on a poem he wrote, titled, Dark night of the Soul. St. John of the Cross was a man-Christian-Carmelite, who experienced great physical and spiritual suffering and witnessed it in others as a spiritual director, psychologist-theologian, and poet. In his work, he described and analyzed the underscoring cost of discipleship, the path of union with God: rigorous discipline, abandonment, purification. Uniquely and strongly, John underlines the gospel paradox: The cross leads to resurrection, agony to ecstasy, darkness to light, abandonment to possession, denial to self to union with God. In short, as human beings, even our greatest tragedies or suffering, in God’s hands, can lead us to greater understanding and closer to God. As he wrote in Dark Night of the Soul, “In that happy night, In secret, seen of none, Seeing nought myself, Without other light or guide Save that which in my heart was burning.”



The call to remember God is with us always, even more keenly when we believe he has abandoned us. God remains faithful. If you remember who died on a cross, and embrace those crossed permitted in your life, something good will come out of it. As St. John of the Cross wrote, “the endurance of darkness is the preparation for great light.”

May those carrying a heavy burden, especially with the holidays around the corner, and missing loved one’s, find rest in the Lord. May we be the hands to help those going through physical an emotional hardship to help them see God is with them always. Let us keep in our prayers all who are fighting for what is right and just in our community, and in every corner of the world, especially in Iran, Israel, Syria, and Ukraine. Let us never forget the words of Jesus at the Ascension, remember I am with you always. Amen. In the name of the Father, Son, and Holy Spirit.