

REFLECTIONS & ANNOUNCEMENTS DECEMBER 13, 2022

SUBMITTED BY	ANNOUNCEMENT-SCHOOL RELATED
Ma. Magistrale	Varsity boys basketball – There will be a brief meeting today after school in the gym
Library	There will be a Model UN team meeting in the library today at 2:30.
Albano	Time to give to the annual food drive. Maybe you can't give a non-perishable item, how about a dollar. If you wish to give monies, please come by Ms. Albano' office. Next home room pick up is Wednesday.
Albano	The Sacrament of Reconciliation is available at 2:00 p.m in the school chapel. Students or staff wishing to participate, please go to the chapel. Mass will be at 2:30 p.m. for staff and students.
Semone-Kassim	BASCA meeting today after school in room 115 from 2:30p-3:30p
Albano	"Don't Trust Anyone" Practice tomorrow. Meet in front of the cafeteria doors.



DAILY REFLECTION

In the name of the Father, Son, and Holy Spirit. Amen.

A reading from the book of Zephaniah

“For I will leave in the midst of you a people humble and lowly. They shall seek refuge in the name of the Lord—the remnant of Israel; they shall do no wrong and utter no lies, nor shall a deceitful tongue be found in their mouths.”

Have I been jealous of the things that my friends have? Have I nagged my parents into buying things I don't really need? Am I generous with my time and possessions? Do I ever cheat at games or in my schoolwork? Have I lied? Is being popular more important to me than following God? Have I harmed another through physical, verbal, or emotional means, including gossip or manipulation of any kind? Do I avoid, when possible, work that impedes worship of God, joy for the Lord's Day, and proper relaxation of mind and body? Do I come to the Lord's table every Sunday?

These are a sample of questions, for those who do an examination of conscience daily and or before entering the Sacrament of Reconciliation. A sacrament of healing in the Church, which throughout the years people have misrepresented. What do I mean? Most people see this Sacrament as a practice where someone sits in a box to tell a priest your sins to find judgement and ridicule or a free pass to sin again. Instead of embracing the practice to face those things which keep you from God, falling into a false sense of pride and self reliance, and prey to doubt and anxiety. When a person accepts the invitation to confess their sins, and enters seeking the Lord's help, they find mercy and the courage to make peace with those they need to be reconciled with and the responsibility to learn and grow under God's grace. It is a sacrament, where I have found rest and released from the burdens of anxiety and doubt in my life. It helps to keep my cynicism at bay and understand I am always a work in progress.

May those seeking relief, find it today in the Sacrament of Reconciliation in the Chapel at 2:00 p.m. May God heal your heart from the scars of sins so to become an instrument of God's grace in this world so peace may abound in every corner of the world. Let us keep in our prayers all who are fighting for what is right and just in our community, and in every corner of the world, especially in Syria, Afghanistan, Iran and Ukraine. Let us never forget the words of Jesus at the Ascension, remember I am with you always. Amen. In the name of the Father, Son, and Holy Spirit.