

## REFLECTIONS & ANNOUNCEMENTS - NOVEMBER 22, 2022

SUBMITTED BY	ANNOUNCEMENT-SCHOOL RELATED
Girardo	Attention Ascension! Any students who borrowed a chrome book on Friday must return these devices ASAP!!! We need them for Thursday for the OSSLT this week.
Albano	"Don't Trust Anyone Actors" You have a practice on Thursday after school. Please meet in the cafeteria.
Nuccitelli/Gervasi	Attention Girls on the Varsity Volleyball Team. Practice is CANCELLED after school today. A reminder that your next practice is this Thursday, November 24 <sup>th</sup> !
	Good morning Ascension, the Malibu Blue Club will have its first session on November the 28th. This will be next Monday. During this meeting, you can sign up, fill out your registration form if you haven't already. Don't be afraid to tag a friend to come and join. Don't miss out on snacks and refreshments. Have a great day, Ascension!
Joseph	This week is bullying awareness/prevention week! Help us create a safe and inclusive space at Ascension by signing a pledge to end bullying! Please sign one of our HEART pledges which can be found in the library at the front desk!

### DAILY REFLECTION

**In the name of the Father, Son, and Holy Spirit. Amen.**

**A reading from the Gospel of St. Luke**

***"Jesus said to His disciples, 'As for these things that you see, the days will come when not one stone will be left upon another; all will be thrown down.'"***



Straight forward and honest is the Lord. He does not soften the blow or mince his words for his disciples; he tells them that one day the world you know and the life you will live, will end. As they say, one of the common denominators in life is death. You can not escape it, you cannot try to bargain your way out of it. For any who has experienced the death of a loved one, knows it always feels sudden. But Jesus doesn't tell His disciples to fear death, but to face it with hope and the responsibility to embrace it when it happens.

What does that mean? Consider your life. Is it one that is lived in praise and worship to God in your words and the way you have treated your neighbour? Do you show patience to your loved ones, kindness to your neighbour, and empathy towards your so-called enemy? Again, if you were to take stock of your life, could you say, right now, without a doubt, you have lived in relationship with God and in service to others, that if you were to meet the Lord today, you would be ready. I doubt many of us could say that with absolute confidence, but it is what God calls us to do every day. It is the choice we make to live a life either in fear and self-indulgence for only personal gain, or in courage and charity to help each other live in relation with God and neighbour.

I pray on this feast of St. Cecilia, that she may intercede for us to do God's will than living according to the will of those who lead you to think the only purpose of your life is what you can produce or take from others. May you heed her words to, 'Arise, soldiers of Christ! Throw away the works of darkness and put on the armour of light.' For those who use violence and their words to get people to serve them for their own personal gain and entertainment, and shield from dealing with their pain and insecurity, God calls you out of that life and attitude and find His grace and mercy is far greater than

anything this world offers. Let us keep in our prayers all who are fighting for what is right and just in our community, and in every corner of the world, especially in Syria, Afghanistan, Iran and Ukraine. Let us never forget the words of Jesus at the Ascension, remember I am with you always. Amen. In the name of the Father, Son, and Holy Spirit.