

## REFLECTION AND ANNOUNCEMENTS- SEPTEMBER 20, 2022

SUBMITTED BY	ANNOUNCEMENT-SCHOOL RELATED
K. Spitzig	Attention Runners! Are you interested in joining this year's Cross-Country Team? Can you run 3km or more? If so, please come to an information meeting Thursday immediately after school in the gym.
Lowe	Good morning Ascension! My name is Cujour and I am from Ms. Lowe's leadership class. I'd like to announce that we are doing a clothing drive. We will be accepting USED clothes, jackets and shoes in good condition. We will be collecting items Thursdays during period 2 starting this week. Thank you for your support.
Kassim-Joseph	<p>BACSA (Black African Caribbean Student Alliance) - a safe space and group to celebrate and nurture Black excellence, discuss social issues and have fun. Join us on TUESDAYS after school from 2:30p-3:330p in the library.</p> <p>GSA (Gay Straight Alliance) - a safe space and group to support the 2SLGBTQ+ community. Join us on WEDNESDAYS after school from 2:30p-3:30p in the library.</p> <p>BASCA and GSA will start the first week of October and run until May 2023 and run 1x a week</p> <p>SIGN UP in the library if you want to sign up as a member or ally to BACSA and or the GSA.</p>
Kassim-Joseph	Come join the YES4MH (Yes for Mental Health) –a group for students who are passionate about wellness and will plan mental health initiatives for our Ascension community. Sign up in the library. Join us after school on THURSDAYS from 2:30-3:30p starting the first week of October The club runs till May once a week.
Phys. Ed.	Are you interested in joining Ascension's Weight Training Club? The Eagle's Nest will be opening October 4 after school. Please stop by the Phys. Ed office to pick up your permission form. There will be a 25.00 fee/per semester to join. All payments must be made through school cash online.
Library	Grade 9 Social today in the library for some games and fun.

## DAILY REFLECTION

Dear God, we acknowledge that the land on which we gather is part of the Treaty Lands and Territory of the Mississaugas of the Credit. We acknowledge and express gratitude to the Mississauga's of the Credit First Nation of the Anishinaabek Peoples who continue to share their ancestral lands with us.

**In the name of the Father, Son, and Holy Spirit. Amen**

### A Reading from the Book of Psalms

***“Guide me, Lord, in the way of your commands. The way of truth I have chosen; I have set your ordinances before me. Give me discernment, that I may observe your law and keep it with all my heart. Guide me, Lord, in the way of your commands.”***

Discernment is an interesting word. You may hear people use the word and do not know what the words means. The secular meaning is the ability to make sound judgement, but within a faith context, it means believing in God and doing his will. Having the wisdom to think through a problem from all angles is the way to figure out what is the best way to live your life.

Let's take a typical situation from a student's life. What happens when you have a test and you want to do well in it? Do you study or find a shortcut to doing well? What happens if another student offers you the answers to the test? What do you do? How do you decide? You think about it and may ask yourselves these questions: If you accept the answers and use them to pass the test, you may pass the test, but have you learned anything? You may get away with cheating, but who have you really cheated? Wisdom tells you, you haven't learned what is being measured; you have cheated yourself out of learning something and are developing a character of entitlement, and losing the opportunity to see how unique and brilliant you are on your own merit. If you discern well, like the writer of the Psalms encourages, you will see how following God's will to do what is fair and just make you a better person. You will see how brilliant and unique you are in this world and thus less than likely to allow others to define that for you. See, a discerning heart trusts that God has equipped each of us with the ability to excel, but just at different tempo and in things.

I pray for everyone to discern the will of God, knowing that even if you make an error, you can always turn back and make amends. For through God's grace, you can still grow and mature into an individual of high moral fibre and character. May you find how your choices build the strength of your resilience and whom you follow. There you will always find the confidence and courage to be you in this world. For peace in Ukraine. I pray you remember that of course may the word of Jesus at the Ascension resound in your heart and lips, “remember I am with you always till the end of days. Amen. In the name of the Father, Son, and Holy Spirit. Amen.

