

## REFLECTION AND ANNOUNCEMENTS- SEPTEMBER 14, 2022

SUBMITTED BY	ANNOUNCEMENTS
Vu Volleyball	Today's TRYOUTS for the Varsity Senior Boys' Volleyball team has been CANCELLED! Varsity Senior Boys' Volleyball tryouts will continue TOMORROW! Make sure you have your permission form signed and returned to Mr. Vu or bring it to tryouts before you can participate. Please dress properly to play!
Gervasi and Osti	Good Morning Ascension! Student Council is back this year. If you are interested in joined as an elected member or a general member, please go to room 314 to get signed up on the google classroom by this Friday!
Guidance	NIGHT SCHOOL!!! The deadline to hand in a Night School Application is TOMORROW (Sept. 15 <sup>th</sup> ) by 8:20am!!!! No forms can be accepted after that time.
Cafeteria	The Café is now open in the morning. You can now buy your breakfast when you arrive at school

### DAILY REFLECTION

Dear God, we acknowledge that the land on which we gather is part of the Treaty Lands and Territory of the Mississaugas of the Credit. We acknowledge and express gratitude to the Mississauga's of the Credit First Nation of the Anishinaabek Peoples who continue to share their ancestral lands with us.

**In the naome of the Father, Son, and Holy Spirit. Amen**

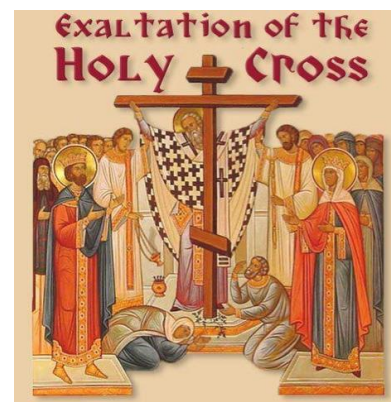
**A reading from the Gospel of St. John,**

*“For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.”*

John 3:16. Have you ever watched a sporting event and saw someone in the stands hold up a sign that said John 3:16? One, you might ask, who is John? Or what does 3:16 mean? For those who don't know, John 3:16 references a passage from the Gospel of John. The same one that I read to you today. It is a curious thing to hold at a sporting event.

For Christians, this is a summary of our core belief. A statement made in faith and proclaimed for thousands of years that God so loved the world, He gave His only Son. A statement that gives those who believe, the courage to face the day ahead and to embrace the sorrows and joys that come with life. John 3:16 is visually the reason many today celebrate the Feast of the Exaltation of the Cross. When the weapon of the Romans, death by crucifixion, no longer becomes something to fear, but to embrace. A reminder that even in grief and sorrow, there is hope that even death has no power over us. This is Good News, especially for those who think they carry the burden of their grave decisions or feeling alone, anxious, or afraid. Unfortunately, we live in a world that makes us forget that even our sorrow and pain, are ways to grow in character, resilience, and most importantly closer to God. See, Christians tend to focus on the jubilations and prosperity found in God's love, and rarely share that to experience the joy of the Lord in its fullness, means embracing the cross.

May those struggling with just being you or other life situations find hope in the Lord. Today is a day for you to see your cross is not as a burden, but one to embrace with the reassurance and hope it does lead to true joy and happiness. For peace in Ukraine. I pray you remember that of course may



the word of Jesus at the Ascension, resound in your heart and lips, “remember I am with you always till the end of days. Amen. In the name of the Father, Son, and Holy Spirit. Amen.