

REFLECTION AND ANNOUNCEMENTS-SEPTEMBER 8, 2022

SUBMITTED BY	ANNOUNCEMENT-SCHOOL RELATED
Rulli	Attention – The Extra-Curricular Sports season at ASC has begun! Any student who is interested in playing tennis with the Ascension Varsity Tennis Team is invited to a meeting this afternoon, after school, in the Guidance office. The tennis team is looking for both junior and senior players; that’s today, after school in the Guidance Office!
Chaplaincy	Ms. Albano is looking for the artistic, the computer savvy, and brave helpers. Why? Throughout the year, Ms Albano needs helpers to help with various projects or events during the school year. If this is you, please come talk to Ms. Albano in her office. Where is her office? Front of the school. If the door is open, she’s in her office. Come drop by and if not, eventually you will see her in the halls.
Vu-Volleyball	Varsity/Senior Boys Volleyball is back!!! Any boys interested in playing on this years varsity senior boys volleyball team are asked to sign up on the list posted outsiders room 318. Also, please go see Mr. Vu for permission form to participate in tryouts that will take place sometime next week.



DAILY REFLECTION

Dear God, we acknowledge that the land on which we gather is part of the Treaty Lands and Territory of the Mississaugas of the Credit. We acknowledge and express gratitude to the Mississauga’s of the Credit First Nation of the Anishinaabek Peoples who continue to share their ancestral lands with us.

In the name of the Father, Son, and Holy Spirit. Amen

A reading from the Prophet Isaiah

“I will greatly rejoice in the Lord, my whole being shall exult in my God; for he has clothed me with the garments of salvation, he has covered me with the robe of righteousness,”

For many Ascension of our Lord staff and students, know that when a feast of the Blessed Mother lands on a school day, I reflect on her life, especially in a high school setting. Why? In grade 9, I was shy and when you don’t have a friend from one’s former school during lunch, those first few weeks of school are difficult. Fortunately, we had a chapel in my school where I could pray the rosary to help deal with the loneliness and discomfort of being in a new school environment, as well as ask for the courage to embrace the opportunity to meet new friends. For those who do not know, praying the rosary is a practice in the Latin Rite Catholic Church, to ask for the intercession of Mary and to reflect on the life of Christ. In short, what I found was peace and confidence to embrace a new school and eventually finding friends, who ended up becoming life-long one’s. However, I found the comfort the Holy Mother gives to all those who seek her intercession and encourage those who are more like me in high school, unsure of themselves, fearful, or anxious in new and unfamiliar environments, to pray for the guidance and courage to embrace what is ahead.

I pray for the intercession of the Blessed Mother, on this her feast day of the Nativity, to care and guide you. May the blessed mother hear our prayers for peace in our hearts and our world, and a speedy and quick recovery for those dealing with environmental disasters, civil unrest, and war, especially in Pakistan, Afghanistan, and Ukraine. I pray you remember that of course may the word of Jesus at the Ascension, resound in your heart and lips, “remember I am with you always till the end of days. Amen. In the name of the Father, Son, and Holy Spirit. Amen.