

REFLECTION AND ANNOUNCEMENTS-SEPTEMBER 7, 2022

SUBMITTED BY	ANNOUNCEMENT-SCHOOL RELATED
A. Rulli	Attention – The Extra-Curricular Sports season at ASC has begun! Any student who is interested in playing tennis with the Ascension Varsity Tennis Team is invited to a meeting tomorrow afternoon, after school, in the Guidance offices. The tennis team is looking for both junior and senior players. That's tomorrow, after school in the Guidance Office!
Main Office	Welcome back.. Check out the school's twitter or website for information as we navigate through the year. Remember students! If you buy your food through uber eats or door dash, please meet your drive outside. Once you have your food, make your way towards the cafeteria or eat outside.f
Guidance	Students follow your current schedule until you have met with your guidance appointment. Last day to book a guidance appointment is next Friday September 16, 2022. Night school forms can be picked up after school or during your lunch.
Main Office	Locker day! You will have a school lock and locker to keep all your things. Any locks that are not from the school, will be removed. Uniform-returning students you must be in full uniform. No additional clothing will be permitted, such as hoodies or scarves. The only students who have permission to out of uniform are those waiting for their uniform order to arrive.
Chaplaincy	Ms. Albano is in search for student helpers, artists, and trivia wizzes this year. If this sounds like you, please drop by Ms. Albano's office today and tomorrow during your lunch or find her walking through in the hallways to ask for more details

DAILY REFLECTION

Dear God, we acknowledge that the land on which we gather is part of the Treaty Lands and Territory of the Mississaugas of the Credit. We acknowledge and express gratitude to the Mississauga's of the Credit First Nation of the Anishinaabek Peoples who continue to share their ancestral lands with us.

In the name of the Father, Son, and Holy Spirit. Amen

A reading from the Gospel of John

“You did not choose me but I chose you. And I appointed you to go and bear fruit, fruit that will last, so that the Father will give you whatever you ask him in my name.”



How was your first day of school? Did you find all your classes and arrive on time? If you did, keep it up and if you didn't, today is another day to get it right. This is what everyday means, an opportunity to learn from the past, make wiser decisions in the present, so to build a great foundation for your future endeavours. Yes, every small thing you do, from the extra ten minutes to go over your notes to helping someone in need, or reviewing material, builds to something greater in the end. This is how our faith in God works as well.

If we keep doing the small things, such as saying a prayer for five minutes at a designated time or having a conversation with God, such as a word of praise as our eyes flutter open or close for sleep, will help with those butterflies of stress and heart palpitation of anxiety because you will always know someone is there for you. Your relationship with God will build the blocks of resilience needed to face the obstacles ahead. For faith in God is not an instant thing nor something that remains stagnate, it grows in every word you speak and act of kindness towards friend and stranger. Yes, it is difficult for many, but if you remember God made you, chose you, and appointed you to be faithful and to serve others, whatever we may face in the days and weeks ahead becomes not only bearable, but we will grow to see every success and failure, smile and tear, as the opportunity to grow in faith, wisdom, and knowledge in God, leads to embracing who we are as individuals.

May everyone have a blessed day, week, and month ahead, knowing God created you in love with a purpose. What that is, only time will tell as each of us grows together in faith. Let us continue for the recovery in Pakistan, for the families and community in Saskatchewan and for peace in Ukraine. I pray you remember that of course may the word of Jesus at the Ascension, resound in your heart and lips, “remember I am with you always till the end of days. Amen. In the name of the Father, Son, and Holy Spirit. Amen.