



June 19, 2020-Reflections for Ordinary Time

In the name of the Father, Son, and Holy Spirit. Amen.

Dear God, I acknowledge the Mississauga's of the Credit First Nation for being the ongoing stewards of this traditional territory.

A reading from the First Letter of John

“We ourselves saw and we testify that the Father sent his Son as saviour of the world. If anyone acknowledges that Jesus is the Son of God, God lives in him, and in God. We ourselves have known and put our faith in God’s love towards ourselves. God is love and anyone who lives in love lives in God, and God lives in him.”(1 John 4:15-16)

Love. We all want to love and have at least one person love us unconditionally. We want someone to love us for who we are and not what I can do for you. As I heard recently in a talk, anyone can do anything if they have love in their life. This is true. Think of all the people you have met who have felt dejected and hopeless, usually it's because they have not experienced this love or someone has brutally betrayed them to believe in love.

Today is the Feast of the Sacred Heart of Jesus. A Day to Remember that all who believe in Christ know that he has offered it to us unconditionally. A love which brings to us an understanding that God's love is bountiful for everyone to experience it. Consider, very healthy relationship you have had in your life reflects God's love. It is also the feast where we remember the suffering and pain Christ endured for all of us. The piercing truth that to love God is to accept more than the joys of it. But it is a deep understanding to know that to love God is also to embrace our own crosses. To see in our own lives, the piercing realities that to love God and someone so completely also means bearing with them in times of life's trials and tribulations. In short, the Gospel we profess to the world is not the Gospel of Prosperity. It is not the Gospel that everything in your life will be perfect if you profess and believe in God. God's love helps to endure those times of trials when life's cruelty and sin pervade our world.

For those who do not know it, here is the novena to the Sacred Heart of Jesus. A prayer I use when all seems loss and impossible in this world. A prayer given to Saint [Margaret Mary Alacoque](#) and one that St. Padre Pio prayer for those who came to him in deep distresses and hopelessness. May it bring to you the words needed to ask the Lord what you truly desire for your heart to dwell in God's light. Through the Sacred Heart of Jesus and Immaculate Heart of Mary, may Christ's words take hold of your heart, “Remember I am with you always till the end of days.” Amen. In the name of the Father, Son, and Holy Spirit. Amen.