



PERMISSION FORM GIRLS' NIGHT

ST THOMAS AQUINAS School is arranging the out-of-school/extracurricular activity described below. This form **must be read and signed by every student** who wishes to participate and/or by a parent/guardian of a participating student.

The purpose of this form is to:

- inform you of the nature of the out-of-school/extracurricular activity
- to seek your support and permission for your child to participate

THIS PAGE & THE BACK MUST

- ✓ Be **SIGNED AND COMPLETED**
- ✓ **Due date: Thursday, October 4th, 2018 (NO LATER)** to the Gr. 12 Leadership students who'll be by your period 2 class this week.

EVENT DETAILS

Date: Thursday, October 18th, 2017

Location: St Thomas Aquinas S.S.

Educational Purpose(s): The purpose of this event is to help grade 9 students feel a sense of community and comfort while getting to know each other through various team-building activities. It also encourages female students to develop a stronger sense of self, self-esteem, and body image.

Event: Students will take part in various community-building workshops lead by teachers and Rising Stars. They will receive a t-shirt upon registration and the evening of, they will be provided with a light snack and dinner. **The event will take place at the school and please be aware that STUDENTS MUST STAY FOR THE DURATION OF THE EVENING (2:15-8:30 p.m.)**

Cost: FREE

Physical description of area and special requirements: All activities will take place at St. Thomas Aquinas S.S. Students are encouraged to wear comfortable clothing (e.g., running shoes, track pants, sweats, etc). as there will be some activities requiring them to be physically active. Students are not required to wear their school uniforms.

Teacher in charge: Ms. Bienko

School Telephone: 905 791 1195 x 36189

Supervision: The event/activity will be supervised by: Ms. Bienko in addition to various other St. Thomas Aquinas staff.

PARENT SESSION: "Understanding a Girl's World in the 21st Century" @ 7:30pm in the Library

Parents, join us at 7:30p.m. for a valuable presentation about "Understanding a Girl's World in the 21st Century." Join us for an open discussion around teens current social media trends and how best to protect your child. Learn how to talk to your teen so they will listen and learn how to support your teen through bullying.

NOTE TO PARENT(S)/GUARDIAN(S): *Prior to the out-of-school/extracurricular activity, there will be time devoted to establishing safety procedures.*

If your child has, or has had any previous or current health problems (e.g., history of concussions, seizures, anaphylactic, allergies, etc.) which might affect his/her comfort or safety, please provide full particulars in writing and telephone Ms. Bienko to discuss your child's situation in greater detail.

ELEMENTS OF RISK: Educational activity programs, such as sporting events or activities, field trips, excursions and other activities, may present various elements of risk. Incidents related to such activities may occur and cause injury through no fault of the school board or the facility at which the activity or event is being held. **Participants must assume these risks.** The following class activities, including and not limited to, are identified as having the potential for more serious consequences: alpine skiing/snowboarding, broomball (ice), cheerleading (acrobatic), field hockey, field lacrosse, gymnastics, ice hockey, ringette (ice), swimming, wrestling, and/or field events: high jump, shot put. The safety and well-being of students is a prime concern and attempts are made to manage, as effectively as possible, the foreseeable risks inherent in physical activity. Please contact the school to discuss any sport specific safety concerns.

The Dufferin-Peel Catholic District School Board does not provide any accidental death, disability, dismemberment or medical expenses' insurance on behalf of students participating in these activities. The Dufferin-Peel Catholic District School Board distributes Student Accident Insurance to the Parent/Guardian/Student, annually.

Please check the following:

I acknowledge that the Dufferin-Peel Catholic District School Board **DOES NOT PROVIDE ACCIDENT OR LIFE INSURANCE FOR STUDENTS.**

I acknowledge that I have **RECEIVED A COPY OF THE STUDENT ACCIDENT INSURANCE BROCHURE.**

I/we plan to attend the **PARENT SESSION "Understanding a Girl's World in the 21st Century" at 7:30pm-8:30pm.**

Signature of parent/Guardian or adult student

I give permission for my child:

(print first and last name, please print legibly)

to participate in Girls' Night to be held at St Thomas Aquinas S.S. on October 18th, 2018 from 2:15 to 8:30pm.

(Signature of Parent/Guardian)

(Date)

Period 2 Teacher: _____